

# Peran Skema Domain Disconnection & Rejection Sebagai Mediator Pada Hubungan Antara Adverse Childhood Experience dan Cyber Intimate Partner Aggression Pada Individu Dewasa Muda = The Role of Disconnection & Rejection Domain Schema as a Mediator in the Relationship between Adverse Childhood Experience and Cyber Intimate Partner Aggression among Young Adults

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## Abstrak

Dewasa muda menggunakan teknologi komunikasi dalam kehidupan sehari-hari, termasuk untuk menjalin hubungan romantisnya. Namun, teknologi digital kemudian berpotensi menjadi sebuah wadah untuk melakukan kekerasan terhadap pasangan, dikenal sebagai cyber intimate partner aggression (CIPA). Berdasarkan penelitian sebelumnya, CIPA dapat diprediksi oleh adverse childhood experience (ACE). ACE dipercaya berpotensi memunculkan early maladaptive schema (EMS) pada individu yang kemudian meningkatkan kemungkinan melakukan CIPA. Penelitian sebelumnya menemukan bahwa skema domain yang paling berpengaruh antara hubungan ACE dan CIPA adalah disconnection & rejection. Oleh karena itu, penelitian ini dilakukan untuk melihat peran mediasi domain disconnection & rejection, secara keseluruhan dan masing-masing skema di dalamnya, dalam hubungan antara cyber intimate partner aggression dengan adverse childhood experience. Partisipan pada penelitian ini adalah 941 dewasa muda yang pernah atau sedang menjalani hubungan romantis dan berdomisili di Indonesia. Hasil penelitian mengindikasikan bahwa perilaku cyber intimate partner aggression dapat diprediksi secara signifikan dan positif oleh adverse childhood experience ( $\beta=.084$ ,  $SE=.016$   $p < .001$ ). Selanjutnya, skema domain disconnection & rejection secara keseluruhan dapat memediasi hubungan tersebut secara signifikan. Dari lima skema yang ada, skema abandonment dan skema mistrust/abuse yang dapat secara signifikan memediasi hubungan yang ada. Implikasi hasil penelitian dibahas lebih lanjut.

.....Young adults use communication technology in their daily lives, including to establish romantic relationships. However, communication technology potentially creates a new platform for violence against partner, known as cyber intimate partner aggression (CIPA). Based on previous research, CIPA can be predicted by adverse childhood experience (ACE). ACE is believed to have the potential to cause early maladaptive schema (EMS) in individuals which then increases the likelihood of performing CIPA. Previous research found that the most influential domain scheme in the relationship between ACE and CIPA was disconnection & rejection. Therefore, this study was conducted to examine the mediation role of the disconnection & rejection domain, as a whole and separately for each schema in the domain, in the relationship between cyber intimate partner aggression and adverse childhood experience. Participants in this study were 941 young adults who had or are currently in a romantic relationship and domiciled in Indonesia. The results indicate that the behavior of cyber intimate partner aggression can be significantly and positively predicted by adverse childhood experience ( $\beta=.084$ ,  $SE=.016$   $p < .001$ ). Furthermore, the overall disconnection & rejection domain schema can significantly mediate the relationship. Out of the five existing schemas, the abandonment schema and the mistrust/abuse schema could significantly mediate the existing relationship. Research implications discussed further.