

Prosedur Penilaian Laik Kerja di Bidang Psikiatri Forensik: Sebuah Tinjauan Sistematis = Forensic Psychiatry Fit-to-Work Assessment Procedure: A Systematic Review

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Abstrak

Permintaan Surat Keterangan Kesehatan Jiwa (SKKJ) setiap tahunnya semakin meningkat dari sisi jumlah dan jenisnya termasuk SKKJ Laik Kerja untuk evaluasi kelaikan bekerja, begitu pula di Rumah Sakit Jiwa Profesor Dr. Soerojo Magelang sebagai pusat rujukan di Jawa Tengah dan sekitarnya serta di Rumah Sakit Umum Pendidikan Nasional dr. Cipto Mangunkusumo sebagai pusat rujukan nasional. Penelitian ini bertujuan mencari standar prosedur penilaian laik kerja untuk menghasilkan laporan psikiatri forensik yang objektif untuk mencegah timbulnya permasalahan hukum. Studi ini disusun dengan desain tinjauan sistematis kualitatif dengan menggunakan metode PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-analyses). Pertanyaan klinis diformulasikan dengan model PICO, (P): mental health problem or mental health disorder or psychiatric problem or psychiatric disorder or work disability, (I): fit-to-work examination or fit-to-work evaluation or fit-to-work assessment or fitness-for-duty examination or fitness-for-duty evaluation or fitness-for-duty assessment, (C): Comparative intervention: -, (O): psychiatric report or forensic psychiatry report. Pencarian dilakukan pada database Pubmed, Scopus, ProQuest, PsycInfo dan Cochrane. Dari pencarian literatur, didapatkan 5 literatur yang sesuai dengan pertanyaan klinis. Literatur tersebut kemudian ditelaah kritis menggunakan pedoman AACODS untuk grey literature. Setelah itu, dilakukan analisis dan perbandingan antara satu literatur dengan literatur lainnya. Analisis mencakup langkah-langkah prosedural pemeriksaan dalam penilaian laik kerja dan formulasi hasil pemeriksaan dalam membentuk pendapat terkait penilaian laik kerja. Dengan memahami langkah-langkah prosedural pemeriksaan dalam penilaian laik kerja dan formulasi hasil pemeriksaan dalam membentuk pendapat terkait penilaian laik kerja menghasilkan laporan logis yang objektif untuk mencegah timbulnya permasalahan hukum.

.....The request for mental health medical certificate is increasing each year, including fit-to-work or fitness-for-duty (FFD) evaluation. This also occurs in Prof. Dr. Soerojo Mental Health Hospital, Magelang, as a referral center in Central Java, and in dr. Cipto Mangunkusumo National Hospital, as a referral center in Indonesia. This study aimed to search for a standardized FFD evaluation in order to release accurate and objective forensic psychiatry report and minimize the risk of legal conflict and dispute. This qualitative systematic review used PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-analyses) method. The clinical question was formulated with PICO model, with (P): mental health problem or mental health disorder or psychiatric problem or psychiatric disorder or work disability, (I): fit-to-work examination or fit-to-work evaluation or fit-to-work assessment or fitness-for-duty examination or fitness-for-duty evaluation or fitness-for-duty assessment, (C): Comparative intervention: -, (O): psychiatric report or forensic psychiatry report. The search was conducted in Pubmed, Scopus, ProQuest, PsycInfo, and Cochrane databases. The search yielded 5 matched articles. These articles were then critically appraised using AACODS Grey Literature Guideline. These articles were analyzed and compared to each other afterwards. The analysis included the steps of FFD examination procedure, and the formulation of opinions based on the

examination. Understanding the steps of FFD examination procedure and formulating opinions regarding fitness-to-work based on the examination are essential to create an objective and logical report thus preventing legal dispute.