

## Gambaran implementasi upaya pencegahan dan pengendalian COVID-19 di Puskesmas Kota Binjai tahun 2022 = Description of implementation of COVID-19 prevention and control at Puskesmas in Binjai 2020-2022

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### Abstrak

Kondisi pandemi COVID-19 saat ini mengharuskan seluruh Fasilitas Pelayanan Kesehatan untuk melakukan berbagai penyesuaian agar kegiatan pelayanan tetap dapat berjalan dengan maksimal dan aman dengan tujuan dapat menurunkan dan menekan angka penyebaran COVID-19. Upaya pencegahan dan pengendalian COVID-19 sangat diperlukan untuk dilakukan oleh puskesmas mengingat fungsi utama puskesmas yaitu dalam upaya promosi dan pencegahan. Tujuan dari penelitian ini adalah untuk mengetahui gambaran implementasi upaya pencegahan dan pengendalian COVID-19 di Puskesmas Kota Binjai dalam penularan infeksi COVID-19 dan diketahui rekomendasi perbaikannya. Penelitian ini menggunakan pendekatan kualitatif yaitu dengan melakukan wawancara mendalam dan telaah dokumen. Didapatkan informan sebanyak 8 orang dengan latar belakang peran yang berbeda. Teknik triangulasi sumber dan metode digunakan untuk melakukan crosscheck atau validasi data informan.

Hasil penelitian mendapatkan bahwa Pelaksanaan upaya pencegahan dan pengendalian COVID-19 di Puskesmas berjalan mengikuti aturan dan kebijakan yang berlaku. Namun, dalam pelaksanaannya, masih ditemukan beberapa ketidaksesuaian. Permasalahan yang ditemui pada kesiapan variabel input yaitu SDM yang belum mendapatkan pelatihan terkait COVID-19, pelaksanaan kegiatan belum sesuai dengan Pedoman Pencegahan dan Pengendalian COVID-19 yang dikeluarkan oleh Kemenkes seperti penggunaan formulir pencatatan dan pelaporan serta monitoring indikator capaian keberhasilan. Kemudian dari kesesuaian variabel proses mulai dari perencanaan, pengorganisasian, pelaksanaan, kontrol dan evaluasi masih harus dimaksimalkan seperti konsisten dalam menggunakan APD sesuai dengan ketentuan, mensosialisasikan COVID-19 dan program vaksin COVID-19 untuk meningkatkan cakupan, melakukan kegiatan evaluasi program secara formal dengan melibatkan pihak terkait. Pada indikator capaian output belum dapat dinilai dikarenakan Puskesmas belum melakukan monitoring indikator capaian program dan dokumen yang tersedia tidak mendukung. Kesimpulan dari penelitian ini Implementasi upaya pencegahan dan pengendalian COVID-19 di Puskesmas sudah cukup baik namun belum berjalan optimal dikarenakan masih adanya ketidaksesuaian dalam pelaksanaannya dengan Pedoman Pencegahan dan Pengendalian COVID-19 dan Petunjuk Teknik Pelayanan Puskesmas di Masa Pandemi yang dikeluarkan oleh Kemenkes. Saran penelitian agar semua pihak yang terlibat untuk melakukan evaluasi kegiatan sehingga dapat memperbaiki pelaksanaan untuk memaksimalkan upaya pencegahan dan pengendalian COVID-19 di Puskesmas.

.....The current condition of the COVID-19 pandemic requires all Health Care Facilities to make various adjustments so that service activities can continue to run optimally and safely with the aim of reducing and suppressing the spread of COVID-19. Prevent and control COVID-19 are urgently needed to be carried out by Puskesmas considering the main function of puskesmas is in promotion and prevention efforts. The purpose of this study was to describe the implementation of COVID-19 prevention and control efforts at Puskesmas in Binjai in the transmission of COVID-19 infection and to identify recommendations for

improvement. This study use a qualitative approach. Data was obtained through document review which strengthened by in-depth interviews. It was found 8 informants from different backgrounds. It use the techniques of sources and method triangulations to crosscheck data from the informants. The results of the study found that The implementation of COVID-19 prevention and control efforts at the Puskesmas is running according to the applicable rules and policies. However, in practice, there are still some discrepancies. The problems encountered in the readiness of the input variables are HR who have not received training related to COVID-19, the implementation of activities has not been in accordance with the COVID-19 Prevention and Control Guidelines issued by the Ministry of Health such as the use of recording and reporting forms and monitoring of indicators of success. Then from the suitability of process variables starting from planning, organizing, implementing, controlling and evaluating, it still has to be maximized such as consistently using PPE in accordance with the provisions, socializing COVID-19 and the COVID-19 vaccine program to increase coverage, conducting formal program evaluation activities involving related parties. The output achievement indicators cannot be assessed because the Puskesmas has not monitored program achievement indicators and the available documents do not support it. The conclusion of this study is The implementation of COVID-19 prevention and control efforts at Puskesmas has been quite good but has not run optimally due to discrepancies in its implementation with the COVID-19 Prevention and Control Guidelines and Technical Instructions for Community Health Center Services during the Pandemic Period issued by the Ministry of Health. Suggestions from this research It is recommended that all parties involved evaluate activities so that they can improve implementation to maximize efforts to prevent and control COVID-19 at the Puskesmas.