

Illness narrative: pengalaman stigma pada mahasiswa penderita gangguan kejiwaan di lingkungan Kampus Universitas Indonesia =  
Illness narrative: stigma experience among students with mental illness in University of Indonesia Campus's area

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Abstrak

Penelitian ini mengkaji tentang illness narrative berupa pengalaman mahasiswa penderita gangguan kejiwaan yang mengalami stigma di lingkungan sosial kampus Universitas Indonesia, menggunakan metode kualitatif etnografi yang meliputi pengamatan, wawancara mendalam, serta studi literatur. Penelitian ini menemukan bahwa para narasumber yang notabene adalah mahasiswa pengidap gangguan kejiwaan mengalami stigma berupa label, stereotyping, serta diskriminasi terjadi pada saat mereka beraktifitas di lingkungan sosial masing-masing; di tingkatan program studi, lingkup satu angkatan, serta lingkup Unit Kegiatan Mahasiswa. konstruksi illness narrative yang dipaparkan oleh masing-masing informan memberikan petunjuk akan kejadian dalam hidup yang menurut mereka penting, yaitu beban emosional yang disebabkan karena stigma yang terjadi pada lingkup sosial terdekat di kampus yang menyebabkan kondisi psikis mereka secara signifikan menurun dan berpengaruh terhadap aspek sosial dan akademis para informan.

.....This study examines the illness narrative in the form of experiences of students with mental disorders who experience stigma in the social environment of the University of Indonesia campus, using qualitative ethnographic methods which include observations, in-depth interviews, and literature studies. This study found that the informants who incidentally were students with mental disorders experienced stigma in the form of labels, stereotyping, and discrimination occurred when they were active in their respective social environments; at the study program, with fellow students of same year, and the scope of Extracurricular Student Units. The construction of illness narrative presented by each informant provides clues to events in life that they think are important, namely the emotional burden caused by the stigma that occurs in the closest social sphere on campus which causes their psychological condition to significantly decrease and affect social and psychological aspects of the academic informants.