

## Analisis Faktor-Faktor yang Memengaruhi Perilaku Perawat tentang Self-Care Behavior pada Pasien yang Terpasang Permanent Pacemaker = Analysis of Factors Affecting Nurse Behavior About Self-Care Behavior in Patients with Permanent Pacemaker

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### Abstrak

Perilaku perawat tentang self-care behavior yang tepat dibutuhkan untuk mencegah komplikasi akibat pemasangan permanent pacemaker, seyogyanya selalu dilakukan dalam membantu adaptasi pasien dengan permanent pacemaker. Namun, hal tersebut masih didapatkan belum optimal. Oleh karena itu, penelitian ini bertujuan mengidentifikasi faktor-faktor yang memengaruhi perilaku perawat tentang self-care behavior pada pasien terpasang permanent pacemaker. Penelitian ini dilakukan kepada 131 perawat pelaksana di Rumah Sakit Jantung dan Pembuluh Darah Harapan Kita Jakarta dengan menggunakan desain cross sectional, teknik purposive sampling, analisis uji chi square dan regresi logistik berganda. Hasil penelitian menunjukkan bahwa terdapat hubungan signifikan antara pengetahuan perawatan permanent pacemaker dengan perilaku perawat tentang self-care behavior pada pasien terpasang permanent pacemaker (p-value = 0,000;  $\alpha = 0,05$ ; OR = 20,63). Pengetahuan tentang perawatan permanent pacemaker perlu dilakukan secara berkala untuk meningkatkan perilaku perawat terkait self care behavior pada pasien dengan permanent pacemaker.

.....Nurses' behavior regarding proper self-care behavior is needed to prevent complications due to the installation of a permanent pacemaker. It should always be done in helping patients adapt to a permanent pacemaker. However, this is still not optimal. Therefore, this study aims to identify the factors that influence nurses' behavior about self-care behavior in patients with permanent pacemaker attached. This research was conducted on 131 nurses at Harapan Kita Heart and Blood Vessel Hospital Jakarta using a cross-sectional design, purposive sampling technique, chi square test analysis and multiple logistic regression. The results showed that there was a significant relationship between knowledge of permanent pacemaker care with nurses' behavior about self-care behavior in patients with permanent pacemaker installed (p-value = 0,000;  $\alpha = 0.05$ ; OR = 20.63). Knowledge about permanent pacemaker care needs to be done regularly to improve nurse behavior related to self-care behavior in patients with permanent pacemaker.