

Program Discharge Planning dalam Meningkatkan Kemampuan Pasien serta Keluarga Tanda Gejala serta Kemampuan Perawat dalam Merawat Pasien Gangguan Orientasi Realita = Discharge Planning Program to Improve Patients and Families 'Ability to Sign Symptoms and Nurses' Ability to Care for Patients with Reality Orientation Disorders

Isna, author

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Abstrak

Skizofrenia merupakan penyakit neurobiologis berat dan beragam, meliputi aspek kognitif, afektif, perilaku, terjadi secara terus-menerus akibatnya bukan hanya untuk dirinya sendiri melainkan juga untuk lingkungan disekitarnya. Klasifikasi skizofrenia dibuat berdasarkan tanda gejala yang muncul yaitu gejala positif, gejala negatif, gejala kognitif dan gejala depresif. Pada tulisan ini mengupas skizofrenia dengan gejala positif yaitu gangguan orientasi realita halusinasi dan waham. Tentang halusinasi dan waham yang ada pada pasien, terapi generalis (ners), ners spesialis serta program Discharge Planning yang dilakukan oleh perawat. Setelah dilakukan semua tindakan tersebut tergambar perubahan sebelum dan sesudah dilakukan tindakan Discharge Planning berupa penurunan tanda dan gejala serta peningkatan kemampuan pasien dan keluarga dalam melakukan terapi ners generalis halusinasi antara lain melawan, mengabaikan dan mengalihkan halusinasi serta pemberian obat dengan cara 8 benar minum obat. Terapi generalis waham antara lain mengidentifikasi isi waham dan mengorientasi realita pengenalan orang, waktu dan tempat, mengidentifikasi keutuhan yang tidak terpenuhi dan mengembangkan aspek positif pasien serta terapi obat. Kita juga dapat melihat perubahan kemampuan perawat dalam melakukan Discharge Planning pre dan post dilaksanakan pelatihan Discharge Planning, Maka penulis merekomendasikan dilakukan Discharge Planning pada ruangan lain di RSMM (Rumah Sakit Marzoeki Mahdi) maupun di tempat pelayanan kesehatan lainnya.

.....Schizophrenia is severe and diverse neurobiological disease, including cognitive, affective, and behavioral aspects that occur continuously, the consequences are not only for himself but also for the environment around them. The classification of schizophrenia is based on the symptom that appears, namely positive symptom, negative, cognitive and depressive symptom. This paper examines schizophrenia with positive symptom is Reality Orientation Disorder; hallucinations and delusions. About the sign and symptom of hallucinations and delusion that exist in patient generalist therapy carried out by nurse on patients and families, the abilities of patient and families, to carry out generalist therapy, specialist therapy and the Discharge Planning Program carried out by nurse. After all these actions are carried out, the changes before and after Discharge Planning are carried out in the form of decreasing symptomatic signs and increasing the ability of patient and families to perform generalist therapy of hallucinations, among other by fighting, ignoring and diverting hallucinations and administering drugs with 8 corrects to drink medicine, general therapy of delusion among; identify content of delusions, orientation of reality of recognizing people, place and time, identifying needs and developing positive aspects of patients and drugs therapy. also we can see changes nursing ability to carry out Discharge Planning pre and post Discharge Planning training, so the author recommended that Discharge Planning carried out in another room in RSMM (Marzoeki Mahdi Mental Hospital) and at other service place.