

# Gambaran Adversity quotient dan Spiritualitas Islam pada Aktivis Lingkungan Hidup Muslim = The description Adversity quotient and Islamic Spirituality on Environmental Activists.

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## Abstrak

Penelitian ini bertujuan untuk menjelaskan tentang gambaran adversity quotient dan Spiritualitas Islam terhadap aktivis lingkungan hidup Muslim. Aktivis lingkungan hidup menjadi salah satu profesi yang paling banyak mendapatkan kesulitan dalam menjalani perannya. Peneliti ingin memahami lebih jauh peran Adversity quotient (AQ) sebagai kekuatan untuk mampu bertahan menghadapi kesulitan dan bagaimana hubungannya dengan nilai spiritualitas para aktivis. Metode yang digunakan pada penelitian ini ialah metode mixed-method. Alat ukur kuantitatif menggunakan Adversity quotient Response Profile dari Paul G Stolz, sementara Spiritualitas Islam diadaptasi dari The Muslim ReligiosityPersonality Inventory (MRPI). Untuk kualitatif menggunakan wawancara mendalam semi-struktur. Hasilnya terdapat hubungan positif antara Adversity quotient dengan Spiritualitas Islam. Sementara hasil kualitatif mampu mengungkapkan alasan untuk menjelaskan hasil hubungan positif tersebut.

.....This study discusses to explain the results of the results of the difficulties and the spirituality of Islam towards Muslim environmental activists. Researchers see the role in the environment as needed. However, it is not easy to be an environmental activist. Various kinds of obstacles they face. Starting economic losses, legal threats, to loss of safety. In order for environmental activists to survive and be able to face their difficulties, readiness is needed to overcome, overcome, overcome the difficulties or problems they face. This is where the role of Adversity quotient (AQ) is needed to support the environment, such as the need to be able to overcome difficulties. Not only that, it turned into an activist. The environment also influenced activist spirituality. They are able to find the meaning behind their activities to become a supporter of the Environment. The method used in this study is a mixed-method method. Quantitative measuring instruments use the Adversity quotient. Profile of Responses from Paul G Stolz, while Islamic Spirituality was adapted from the Inventory of Muslim-Personality Religiosity (MRPI). For qualitative use semi-structured in-depth interviews. The result is a positive relationship between Adversity quotient and Islamic Spirituality. While qualitative results can be revealed the reasons for explaining the results of these positive relationships.