

## Hubungan antara karakteristik kepribadian dan perilaku caring perawat di satu rumah sakit swasta di Jakarta = The relationship between personality characteristics and nurses' caring behavior in one private hospital in Jakarta.

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### Abstrak

Perilaku caring dapat dipengaruhi oleh faktor psikologis, salah satunya adalah karakteristik kepribadian. Penelitian ini bertujuan untuk mengetahui hubungan antara karakteristik kepribadian dan perilaku caring perawat di rumah sakit. Desain penelitian ini menggunakan pendekatan cross sectional yang melibatkan 153 perawat di satu rumah sakit swasta di Jakarta. Pengambilan sampel menggunakan teknik convenience sampling. Alat ukur yang digunakan adalah Caring Behavior Inventory (CBI-24) dan data sekunder hasil tes Myers Briggs Type Indicators (MBTI). Hasil uji anova didapatkan ada perbedaan skor perilaku caring di antara karakteristik kepribadian, namun tidak bermakna secara statistik ( $p=0,320$ ;  $\hat{I}\pm=0,05$ ). Hasil analisis post hoc test didapatkan perawat berkarakteristik conceptualizers memiliki skor perilaku caring tertinggi, sementara experiencers memiliki skor terendah. Kesimpulan: Karakteristik kepribadian menurut MBTI tidak berhubungan dengan perilaku caring perawat. Hal ini mungkin karena MBTI tidak secara spesifik mengukur kepribadian caring. Hasil tes psikologi tentang karakteristik kepribadian perawat dapat digunakan dalam pengembangan karir dan penempatan perawat. Akan tetapi, alat ukur yang lebih spesifik mengukur kepribadian caring diperlukan untuk seleksi dan mengukur perilaku caring perawat yang lebih stabil.

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Caring behavior can be influenced by psychological factors, one of which is personality characteristics. This study aimed to determine the relationship between personality characteristics with nurses' caring behavior in hospitals. The study design used a cross-sectional approach involving 153 nurses in a private hospital in Jakarta. The samples selected by convenience sampling technique. This study used Caring Behavior Inventory (CBI-24) and secondary data from Myers Briggs Type Indicators (MBTI) test results. The result of statistic test found that there was a difference in caring behavior scores among personality characteristics, but it was not statistically significant ( $p = 0.320$ ;  $\hat{I}\pm= 0.05$ ), In the post hoc test analysis showed that the conceptualizers's nurses had the highest caring behavior score, while the experiencers's nurses had the lowest scores Conclusion: Personality characteristics according to the MBTI are not related to the caring behavior of nurses. The possible cause that MBTI does not specifically measure caring personality. The results of psychological tests on the personality characteristics of nurses can be used in career development and nurses placement. However, a more specific tool in measuring caring personality is needed to identify and measure the nurse caring behavior which is more stable.