

# Pengaruh kongruensi karir anak dengan orang tua terhadap adaptabilitas karir yang dimediasi oleh efikasi diri pengambilan keputusan karir pada mahasiswa = The influence of adolescent-parent career congruence on career adaptability mediated by career decision self-efficacy in undergraduate student

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## Abstrak

Penelitian ini bertujuan untuk menguji pengaruh kongruensi karir anak dengan orang tua terhadap adaptabilitas karir melalui mediasi efikasi diri dalam pengambilan keputusan karir pada mahasiswa. Data penelitian berasal dari 551 partisipan mahasiswa S1 yang sedang menjalani perkuliahan di semester 6 atau lebih. Pengumpulan data dilakukan menggunakan kuesioner yang disebarakan secara daring dengan menggunakan tiga macam skala, Career Adapt-Abilities Scale, Adolescent Parent Career Congruence, dan Career Decision Self-Efficacy Short Form yang sudah diadaptasi ke dalam Bahasa Indonesia. Analisis data dilakukan menggunakan macro PROCESS dari Hayes. Hasil dari penelitian menunjukkan tidak adanya pengaruh langsung dari kongruensi karir anak dengan orang tua terhadap adaptabilitas karir ( $c' = -0,0019$ ;  $p > 0,05$ ). Sementara itu, hubungan dari kongruensi karir anak-orang tua dengan adaptabilitas karir akan meningkat dengan adanya peran mediator dari efikasi diri pengambilan keputusan karir ( $\text{indirect effect} = 0,1272$ ). Implikasi, limitasi, serta saran untuk penelitian selanjutnya didiskusikan.

This study aims to examine the effect of adolescent-parent career congruence on career adaptability through mediation of career decision self-efficacy for undergraduate students. The research data came from 551 undergraduate student participants who were undergoing lectures in the 6<sup>th</sup> semester or more. Data collection was carried out using a questionnaire distributed online using three kinds of scales, Career Adapt-Abilities Scale, Adolescent-Parent Career Congruence, and Career Decision Self-Efficacy Short Form that was adapted into Indonesian. Data analysis was performed using PROCESS macros from Hayes. The results of the study showed that there was no direct effect of adolescent-parent career congruence on career adaptability ( $c' = -0,0019$ ;  $p > 0,05$ ). Meanwhile, the relationship of adolescent-parent career congruence and career adaptability will increase with mediation through career decision self efficacy ( $\text{indirect effect} = 0,1272$ ). Implications, limitations, and suggestions for further research are discussed.