

Hubungan prestasi akademik dan adaptabilitas karir pada mahasiswa tingkat akhir = The relationship between academic achievement and career adaptability among final year undergraduate students

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Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20506693&lokasi=lokal>

Abstrak

Penelitian ini bertujuan untuk melihat hubungan antara prestasi akademik dan adaptabilitas karir. Partisipan penelitian ini adalah mahasiswa tingkat akhir dari berbagai universitas di Indonesia sebanyak 429 orang. Pengukuran prestasi akademik dalam penelitian ini menggunakan Indeks Prestasi Kumulatif (IPK) yang diperoleh mahasiswa pada semester sebelumnya, sementara adaptabilitas karir diukur menggunakan Career Adapt-Abilities Scale (CAAS) yang dikembangkan oleh Savickas dan Porfeli (2012). Hasil uji statistic dengan teknik korelasi Pearson menunjukkan bahwa terdapat hubungan yang signifikan antara prestasi akademik dan adaptabilitas karir ($r = .104$, $p < 0.05$, two-tailed). Berdasarkan hasil tersebut diketahui bahwa semakin tinggi prestasi akademik individu, semakin baik pula adaptabilitas karir yang dimiliki. Ditemukan juga hubungan yang signifikan antara prestasi akademik dan dua dimensi adaptabilitas karir, yaitu kepedulian karir ($r = .135$, $p < 0.01$, two-tailed) dan keyakinan diri karir ($r = .115$, $p < 0.05$, two-tailed). Implikasi dari penelitian ini adalah meningkatkan kesadaran mahasiswa bahwa prestasi akademik yang dicapai penting untuk membantu peningkatan kemampuannya beradaptasi dengan karir terutama dalam masa transisi menuju dunia kerja.

.....This study aimed to find the relationship between academic achievement and career adaptability. The participants of this study were 429 final year students from various universities in Indonesia. Academic achievement measured by the students's Grade Point Average (GPA) from the previous semester, while career adaptability is measured by using the Career Adapt-Abilities Scale (CAAS) developed by Savickas and Porfeli (2012). The results show that there is a significant relationship between academic achievement and career adaptability ($r = .104$, $p < 0.05$, two-tailed). Based on these results, is known that the higher individual's academic achievement, the better career adaptability possessed. This study also found a significant relationship between academic achievement and two dimensions of career adaptability, namely career concern ($r = .135$, $p < 0.01$, two-tailed) and career confidence ($r = .115$, $p < 0.05$, two-tailed). The implication of this study is to increase student's awareness of the importance of academic achievement to improve their career adaptation ability, especially in the transition from college to work-life period.