

Optimalisasi asuhan keperawatan pada anak kanker yang menjalani kemoterapi melalui edukasi manajemen mual muntah menggunakan pendekatan Model Konservasi Levine = Optimization of nursing care in children with cancer undergoing chemotherapy through education management nausea vomiting using Levine Conservation Model

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Abstrak

Mual muntah merupakan gejala yang paling sering dikeluhkan anak dengan kanker dalam menjalani kemoterapi. Gejala mual muntah timbul akibat efek samping kemoterapi. Karya Ilmiah akhir ini bertujuan memberikan gambaran praktek spesialis dalam mengaplikasikan model konservasi Levine pada asuhan keperawatan anak kanker yang menjalani kemoterapi. Model konservasi Levine menggunakan prinsip konservasi dalam penerapannya meliputi konservasi energi, integritas struktural, integritas personal dan integritas sosial. Aplikasi model konservasi Levine tertuang dalam lima kasus terpilih dengan masalah keperawatan adalah mual, defisit nutrisi, risiko defisit nutrisi hipertermia, gangguan mobilitas fisik, gangguan citra tubuh, perfusi perifer tidak efektif, risiko infeksi, risiko perdarahan, dan gangguan pertumbuhan dan perkembangan. Edukasi manajemen mual muntah berbasis pembuktian ilmiah dalam standar operasional prosedur (SOP) digunakan sebagai salah satu rekomendasi intervensi keperawatan untuk menurunkan kejadian mual muntah anak dalam memenuhi kebutuhan nutrisi. Karya ilmiah ini merekomendasikan teori model konservasi Levine dapat diaplikasikan pada asuhan keperawatan pada anak dengan kanker yang menjalani kemoterapi.

.....Nausea and vomiting is most common symptoms in children with cancer undergoing of chemotherapy. Nausea and vomiting is a symptom on side effect of chemotherapy. The aim of this final assignment was to provide an overview of nurses specialist practice by applying Levine conservation model in nursing care of children with cancer who are experiencing nutrition problems. The Levine conservation model used four principles to applied in nursing care, including energy conservation, structural integrity, personal integrity, and social integrity. The Levine Conservation Model was applied in five selected cases with the nursing problems found was nausea, nutrition deficit, nutrition deficit risk, hyperthermia, physical mobility disorders, body image disorders, risk of infection, ineffective peripheral perfusion, risk of bleeding, and growth and development delay disorder. The management education of nausea vomiting is evidence based practice through Operational Standard Procedure Analysis (SOP) to used as a recommendation of nursing intervention to decrease the incidence of nausea vomiting in children's nutrition needs. This final assignment recommended that Levine Conservation model theory can be applied to nursing care in children with cancer undergoing of chemotherapy.