

Hubungan Partner Phubbing dan Kepuasan Perkawinan dengan Kecerdasan Emosional sebagai Moderator = Relationship between Partner Phubbing and Marital Satisfaction with Emotional Intelligence as Moderators

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Abstrak

Fenomena partner phubbing mulai diteliti sejak penggunaan ponsel pintar dan internet terus meningkat. Partner phubbing merupakan perilaku individu yang mengabaikan pasangannya dalam komunikasi karena lebih memperhatikan ponselnya, dan perilaku ini dapat mempengaruhi berbagai hubungan antar manusia. Penelitian ini bertujuan untuk mengetahui hubungan antara partner phubbing dan kepuasan perkawinan dengan kecerdasan emosional sebagai moderator. Penelitian dilakukan secara daring kepada 522 orang yang sudah menikah, berusia 20 - 65 tahun, dan menggunakan ponsel dalam kehidupan sehari-harinya. Hasil penelitian menunjukkan terdapat hubungan negatif antara partner phubbing dan kepuasan perkawinan, hubungan positif antara kecerdasan emosional dan kepuasan perkawinan dan hubungan negatif antara partner phubbing dan kecerdasan emosional. Namun kecerdasan emosional tidak berperan sebagai moderator pada hubungan antara partner phubbing dan kepuasan perkawinan.

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The partner phubbing phenomenon has been investigated since the use of smart phones and the internet continues to increase. Partner phubbing is an individual behavior that ignores their partner in communication because they pay more attention to their cellphones, and this behavior can affect various relationships between people. This study aimed to determine the relationship between partner phubbing and marital satisfaction with emotional intelligence as a moderator. The study was conducted online on 522 people who were married, aged 20 - 65 years, and used cellphones in their daily lives. The results showed a negative relationship between partner phubbing and marital satisfaction, a positive relationship between emotional intelligence and marital satisfaction and a negative relationship between partner phubbing and emotional intelligence. But emotional intelligence did not act as a moderator in the relationship between partner phubbing and marital satisfaction.</i>>