

Hubungan antara Perceived Social Support dan Impact of Event dengan Posttraumatic Growth pada Orang yang Mengalami Kedukaan Akibat Meninggalnya Orang Terdekat Secara Tiba-Tiba = The Relationship between Perceived Social Support and Impact of Event with Posttraumatic Growth in People who Bereaved after Sudden Unexpected Death of a Loved One

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Abstrak

ABSTRAK

Penelitian ini bertujuan untuk meneliti hubungan antara perceived social support dan impact of event dengan posttraumatic growth pada orang yang mengalami kedukaan akibat meninggalnya orang terdekat secara tiba-tiba. Sebanyak 151 orang berpartisipasi dalam penelitian ini. Partisipan berada dalam rentang usia 18-48 tahun dan sebagian besar dari mereka merupakan dewasa muda. Variabel penelitian diukur dengan Posttraumatic Growth Inventory, Multidimensional Scale of Perceived Social Support, dan Impact of Event Scale-Revised. Secara keseluruhan, hasil penelitian menunjukkan adanya hubungan yang signifikan antara perceived social support dengan posttraumatic growth; sementara tidak ada hubungan antara impact of event dengan posttraumatic growth. Selain itu, terdapat hubungan yang cukup beragam antara dimensi-dimensi perceived social support dan impact of event dengan posttraumatic growth.

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ABSTRACT

This study aimed to examine the relationship between perceived social support and the impact of event with posttraumatic growth in people who bereaved after the sudden unexpected death of a loved one. A total of 151 people participated in this study. Participants ages ranged from 18-48 years with the majority of young adults. Variables in this study were measured by the Posttraumatic Growth Inventory, Multidimensional Scale of Perceived Social Support, and Impact of Event Scale-Revised. In summary, this study shows a significant correlation between perceived social support and posttraumatic growth; meanwhile, there is none for the impact of event. Other than that, there are several different relationships between each dimension of perceived social support and impact of event in their relationship with posttraumatic growth.