

# Hubungan Reaksi Sosial dan Posttraumatic Growth pada Mahasiswi Penyintas Kekerasan Seksual = The Relationship between Social Reactions and Posttraumatic Growth among Female College Student Survivors of Sexual Violence

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## Abstrak

Penelitian ini dilakukan untuk mendapatkan gambaran mengenai dinamika antara disclosure, reaksi sosial, dan posttraumatic growth pada mahasiswi penyintas kekerasan seksual. Penelitian ini menggunakan pendekatan kuantitatif dengan partisipan mahasiswi sebanyak 42 orang. Posttraumatic growth diukur menggunakan Posttraumatic Growth Inventory (PTGI; Tedeschi & Calhoun, 1996) dan reaksi sosial diukur menggunakan Social Reactions Questionnaire-Shortened (SRQ-S; Ullman et al., 2017). Disclosure diukur berdasarkan jumlah penerima disclosure yang dilakukan penyintas. Hasil penelitian ini menunjukkan bahwa disclosure tidak memiliki hubungan dengan posttraumatic growth. Masing-masing jenis reaksi sosial memiliki hubungan yang unik dengan posttraumatic growth, dimana reaksi sosial positif dan unsupportive acknowledgment memiliki hubungan positif yang signifikan dengan posttraumatic growth, dan reaksi sosial turning against tidak memiliki hubungan negatif dengan posttraumatic growth. Terakhir, penelitian menemukan bahwa reaksi sosial positif dapat memprediksi posttraumatic growth pada mahasiswi penyintas kekerasan seksual.

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The purpose of this study is to examine the relationship between disclosure, social reactions, and posttraumatic growth among female college student survivors of sexual assault. This study uses quantitative approach, involving 42 female college students as participants. Posttraumatic growth was measured using Posttraumatic Growth Inventory (PTGI; Tedeschi & Calhoun, 1996) and social reactions was measured using Social Reactions Questionnaire-Shortened (SRQ-S; Ullman et al., 2017). Disclosure was measured based on the number of disclosure recipients. The result shows that there is no significant relationship between disclosure and posttraumatic growth. Each type of social reactions shows different relationship to posttraumatic growth, positive social reactions and unsupportive acknowledgment social reactions have significant positive relationships with posttraumatic growth, and turning against social reactions shows no significant relationship with posttraumatic growth. Finally, positive social reactions also predict posttraumatic growth among female college student survivors of sexual assault.</i>