

Pengaruh Kecerdasan Emosi terhadap Efikasi Diri Keputusan Karier dengan Mediasi Kepribadian Proaktif pada Siswa SMK = The Impact of Emotional Intelligence on Career Decision Self-Efficacy Mediated by Proactive Personality on Vocational High School Students.

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Abstrak

ABSTRAK

Penelitian ini dilakukan untuk mengetahui ada atau tidaknya efek mediasi kepribadian proaktif dalam pengaruh kecerdasan emosi terhadap efikasi diri keputusan karier siswa Sekolah Menengah Kejuruan (SMK). Siswa SMK diketahui mengalami kesulitan dalam membuat keputusan karier di akhir masa studinya, padahal mereka telah menentukan kejuruan mereka sejak memasuki SMK. Salah satu penyebabnya adalah siswa kurang memiliki efikasi diri keputusan karier. Untuk menanggulangi hal tersebut, efikasi diri keputusan karier siswa perlu ditingkatkan melalui faktor lain yang memengaruhinya, seperti kecerdasan emosi. Kepribadian proaktif dipilih sebagai variabel mediator. Studi kuantitatif ini dilakukan terhadap 833 orang siswa SMK kelas 12 di sembilan sekolah wilayah Depok dan Jakarta Selatan, dengan menggunakan metode non-probability sampling jenis accidental sampling. Alat ukur yang digunakan yaitu Career Decision Self-Efficacy Scale-Short Form (CDSES-SF), Trait Emotional Intelligence Questionnaire-Short Form (TEIQue-SF), serta Proactive Personality Scale (PPS), dengan masing-masing alat ukur memiliki reliabilitas $> 0,7$. Analisis mediasi dilakukan menggunakan PROCESS oleh Hayes, dengan hasil kepribadian proaktif mampu memediasi pengaruh kecerdasan emosi terhadap efikasi diri keputusan karier secara partial ($ab = 0,10$, $c' = 0,12$, $p < 0,01$). Hasil studi ini dapat digunakan pada program intervensi untuk meningkatkan efikasi diri keputusan karier siswa, dengan memperhatikan faktor kecerdasan emosi dan kepribadian proaktif pada siswa.

ABSTRACT

This study was conducted to examine proactive personality as mediator in the influence of emotional intelligence on vocational high school student's career decision self efficacy. Vocational high school students are known to have difficulty in making career decisions because they have lack on career decision self-efficacy. To overcome this, students career decision self-efficacy needs to be improved through other factors, such as emotional intelligence. Proactive personality chosen as a mediator variable. This quantitative study was conducted on 833 vocational high school students from Depok and Jakarta Selatan, and were recruited using non-probability sampling method with the type of accidental sampling. The measuring instruments are Career Decision Self-Efficacy Scale-Short Form (CDSES-SF), Trait Emotional Intelligence Questionnaire-Short Form (TEIQue-SF), and Proactive Personality Scale (PPS), with a reliability of > 0.7 . Mediation analysis was used as the data analysis technique, using PROCESS by Hayes. The results showed that proactive personality was partially mediate the effect of emotional intelligence on career decision self efficacy ($ab = 0.10$, $c' = 0.12$, $p < 0.01$). The results of this study can be used in intervention programs to improve students career decision self-efficacy, taking into account emotional intelligence and proactive personality factors in students.