

# Analisis praktik residensi keperawatan medikal bedah pada pasien Adenokarsinoma Gaster dan studi kasus pemberian asuhan keperawatan dengan Pendekatan Model Adaptasi Roy = Analysis of Medical Surgical Nursing Residency Practice on patient with Adenocarcinoma Gastric and Case Study of Nursing Care Delivery Using Roy Adaptation Model

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## Abstrak

Analisis praktik residensi merupakan laporan rangkaian kegiatan Ners Spesialis Keperawatan Medikal Bedah dengan penerapan Model Adaptasi Roy pada proses asuhan keperawatan pasien gangguan sistem pencernaan, penerapan praktik keperawatan berdasarkan evidence based serta melakukan inovasi keperawatan. Pengkajian kasus utama terhadap pasien karsinoma gaster dan 30 kasus resume pasien bedah digestif, gastrointestinal serta hepatobilier berfokus pada respon adaptif dari model adaptasi Roy. Pelaksanaan evidence based dilakukan untuk mengelola kecemasan pasien sebelum menjalani operasi bedah digestif sebanyak 8 orang, dengan intervensi mendengarkan Al-Qur'an Surah Al Waqi'ah dan terjemahannya selama 30 menit. Program inovasi keperawatan dilakukan, terhadap 7 orang pasien yang direncanakan menjalani operasi kolostomi berupa optimalisasi pemberian edukasi melalui media video. Kesimpulan: mendengarkan Al-Qur'an Surah Al Waqi'ah dan terjemahannya dapat menurunkan tingkat kecemasan pasien sebelum operasi dan edukasi melalui media video terhadap pasien yang akan menjalani operasi kolostomi dapat meningkatkan pengetahuan pasien yang sangat memengaruhi terhadap keputusan persetujuan pasien menjalani operasi.

.....The residency practice analysis is a series of reports on the activities of Surgical Medical Nursing Specialists with the application of Roy's Adaptation Model in the nursing care process of patients with digestive system disorders, the application of evidence-based nursing practices and nursing innovations. Major case studies of gastric carcinoma patients and 30 cases of digestive, gastrointestinal and hepatobiliary surgery resumes focused on the adaptive response of Roy's adaptation model. Evidence based implementation was carried out to manage the anxiety of patients before undergoing digestive surgery as many as 8 people, with the intervention of listening to Al-Qur'an Surah Al Waqi'ah and its translation for 30 minutes. Nursing innovation program carried out, for 7 patients who were planned to undergo colostomy surgery in the form of optimizing the provision of education through video media. Conclusion: listening to Al-Qur'an Surah Al Waqi'ah and its translation can reduce the level of patient anxiety before surgery and education through video media for patients who will undergo colostomy surgery can increase patient knowledge which greatly influences the decision of consent for patients undergoing surgery.