

Discovering psychology : the science of mind

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Abstrak

In this innovative approach to introductory psychology, John Cacioppo and Laura Freberg present psychology as an integrative science that's relevant for students of all majors. They use a familiar chapter structure to provide an easy roadmap for the course, while highlighting connections within psychology as well as between psychology and other disciplines. The writing and features are smart and engaging, and consistently illustrate the benefit of using multiple perspectives within psychology. The authors offer the best science possible, including exciting new research findings likely to expand students' understanding of psychology as a scientific field of study. Psychology is evolving into an integrative, multidisciplinary field, and this text offers a way to foster a cohesive understanding of psychology as a highly interconnected and relevant hub science