

Gangguan Mental Tokoh Utama dalam Het diner karya Herman Koch: Tinjauan Psikologi Sastra = Mental Disorder on Main Characters in Het diner by Herman Koch: Literature Psychology Review

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Abstrak

Fiksi psikologi bukan hal yang baru dalam dunia kesusasteraan Belanda. Salah satu novel fiksi psikologi terkenal di Belanda adalah Het diner karya Herman Koch. Novel ini mengisahkan orang tua yang berusaha menutupi tindak kejahatan anak mereka. Penelitian ini membahas karakter tokoh Paul dan Claire Lohman, khususnya bagaimana pandangan dan respon Paul dan Claire terhadap kejahatan anak mereka serta bagaimana karakteristik psikopatologi yang dimiliki tokoh Paul dan Claire yang mendasari upaya mereka membenarkan tindak kejahatan anak mereka. Untuk meneliti hal tersebut digunakan teori tokoh dan penokohan, serta focalisasi. Kemudian pendekatan psikopatologi dengan kriteria dari American Psychiatric Association digunakan untuk mencari adanya kaitan antara sifat tokoh dengan gangguan mental. Hasil penelitian ini menunjukkan adanya kesesuaian antara pandangan dan respon Paul dan Claire Lohman terhadap kejahatan anak mereka serta karakter tokoh-tokoh tersebut dengan gejala gangguan kepribadian antisosial yang menjadi dasar tindakan mereka membenarkan kejahatan anak mereka.

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Psychological fiction is nothing new in Dutch literature. One well-known psychological fiction novel in the Netherlands is Het diner by Herman Koch. This novel tells the story of parents who are trying to cover up their child's crime. This study discusses the personalities of Paul and Claire Lohman characters, specifically how they view and respond to the crime of their child and how the psychopathological characteristics possessed by Paul and Claire's characters are the basis of their efforts to justify their children's crime. To examine this, theory of character and characterizations are used, as well as focalization. Then the psychopathology approach with the criteria by the American Psychiatric Association is used to look for a link between the nature of the characters with mental disorders. The results of this study indicate a compatibility between the views and responses of Paul and Claire Lohman to the crimes of their child as well as the character of these figures with the symptoms of antisocial personality disorder which is the basis of their actions to justify their child's crimes.