

Gambaran Angka Kejadian, Dampak dan Penanganan Inkontinensia Urin Pada Ibu Post Partum di Wilayah Kerja Uptd Puskesmas Tanah Sareal = The Incidence, Effects, and Management of Urinary Incontinence Amongst PostPartum Mother at Public Primary Healthcare Centre Tanah Sareal Bogor

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Abstrak

Masalah yang dialami oleh ibu post partum salah satunya inkontinensia urin. Inkontinensia urin merupakan suatu keadaan keluarnya urin tanpa mampu di kontrol yang akhirnya menimbulkan berbagai masalah pada individu yang mengalaminya. Penelitian deskriptif ini dilakukan pada 136 wanita (17 - 45 tahun). Tujuan untuk mengetahui angka kejadian, dampak dan penanganan inkontinensia pada ibu postpartum dengan menggunakan instrumem The Questionnaire for Urinary Incontinence Diagnosis (QUID) dan Incontinence Impact Questionnaire (UUQ) untuk mengevaluasi dampak inkontinensia. Hasil penelitian menunjukkan bahwa angka kejadian inkontinensia pada ibu adalah 37,5% dengan usia antara 30 s/d 34, dimana multipara 80,4%, dimana 56,9% mengalami stress inkontinensia, 7,8% urge inkontinensia, dan 35,3% inkontinensia campuran. sebagian besar (76,4%) tidak merasakan dampak dari masalah inkontinensia, dan sebagian besar (86,3%) masih kurang baik dalam penanganan inkontinensia. Dari hasil penelitian disimpulkan bahwa perlu peningkatan kesadaran pada ibu post partum terhadap masalah inkontinensia.

.....Problems experienced by post partum one of them is urinary incontinence. Urinary incontinence is a condition of urinary discharge without being able to control. eventually cause a variety of problems in individuals who experience. This descriptive study was conducted on 136 women (17 - 45 years). The objectives of this study were to know incidence rate, impact and managing incontinence in postpartum. To evaluate urinary incontinence used The Questionnaire for Urinary Incontinence Diagnosis (QUID), and Incontinence Impact Questionnaire (IIQ) were used to evaluate the impact of incontinence. The incontinence incidence rate was 37.5% with age between 30 s / d 34, where multipara was 80.4%, of which 56.9% had incontinence stress, 7.8% urge incontinence, and 35.3% mixed incontinence. Most mothers (76.4%) did not feel the impact of the incontinence problem, and most (86.3%) were still poor in managing incontinence. From the result of the research, it is concluded that need to increase awareness on post partum mother to incontinence problem.