

Hubungan antara kepuasan pemakaian gigi tiruan lepasan dengan status nutrisi pada pralansia dan lansia = Relationship between patients satisfaction of removable denture wearers and nutritional status on pre-elderly and elderly patients

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Abstrak

Latar Belakang: Kehilangan gigi dapat menyebabkan terganggunya fungsi mastikasi sehingga dapat mempengaruhi status nutrisi pralansia dan lansia. Pemakaian gigi tiruan dapat mengembalikan fungsi gigi yang hilang sehingga diharapkan dapat meningkatkan status nutrisi. Keberhasilan perawatan gigi tiruan selain dipengaruhi oleh penilaian dokter gigi juga dipengaruhi oleh penilaian pasien. Penilaian dari pasien diukur oleh tingkat kepuasan pasien. Faktor yang mempengaruhi kepuasan pasien diantaranya adalah fungsi mastikasi yang berpengaruh pada status nutrisi pasien.

Tujuan: Menganalisis hubungan kepuasan pemakaian gigi tiruan lepasan menggunakan kuesioner Turker's patient's perceptions-ID dengan status nutrisi menggunakan kuesioner Mini Nutritional Assessment- Short Form (MNA-SF) pada pralansia dan lansia. Menganalisis pengaruh faktor usia, jenis kelamin, tingkat pendidikan, jenis gigi tiruan lepasan, klasifikasi Eichner, dan lama pemakaian gigi tiruan lepasan terhadap tingkat kepuasan pemakai gigi tiruan dan status nutrisi.

Metode: 88 subjek (27 laki-laki dan 61 perempuan) berusia 45 tahun ke atas berpartisipasi dalam penelitian ini. Dilakukan pencatatan data diri subjek, pemeriksaan rongga mulut, pengukuran berat dan tinggi badan, serta wawancara kuesioner Turker's patient's perceptions-ID dan MNA-SF.

Hasil penelitian: Tingkat kepuasan pemakai gigi tiruan lepasan memiliki hubungan bermakna dengan status nutrisi pada pralansia dan lansia ($p < 0,05$). Kepuasan pasien dan status nutrisi memiliki hubungan bermakna dengan usia, tingkat pendidikan, jenis gigi tiruan lepasan dan klasifikasi Eichner.

Kesimpulan: Semakin tinggi tingkat kepuasan pasien terhadap gigi tiruan lepasannya maka akan semakin baik tingkat status nutrisinya.

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Background: Tooth loss can cause disruption of mastication and may affect the nutritional status of pre-elderly and elderly. Denture wearing can improve tooth function so it may improve patient's nutrition. The success of denture treatment is not only influenced by the assessment of the dentist but also influenced by the assessment of the patient. Patient assessment is measured by the level of patient satisfaction. Mastication is one of factors that influence patient satisfaction which can affects patients nutritional status.

Objective: The aim of this study is to analyze the relationship between satisfaction of removable denture using the Turker's patient's perceptions-ID questionnaire and nutritional status using the MNA-SF questionnaire in the elderly, and analyze the influence of age, gender, education level, type of removable denture, Eichner classification, duration of using removable dentures to denture satisfaction level and nutritional status.

Method: 88 subjects (27 male and 61 female) aged 45 years and older were included in the study. Subjects personal data, oral examination, weight and height measurement were obtained, and interview for Turker's patient's perceptions-ID and MNA-SF were conducted.

Results: The level of satisfaction of removable denture users had a significant relationship with nutritional status in elderly ($p < 0.05$). Patient satisfaction and nutritional status have a significant relationship with age, level of education, type of removable denture and tooth loss based on Eichner's classification.

Conclusion: The better level of patient satisfaction with their removable dentures, the better their nutritional status is.