

## Peran grit sebagai mediator hubungan antara unconditional self-acceptance dengan prestasi akademik pada mahasiswa = The effect of grit as mediator on relationship between unconditional self-acceptance and university students academic achievement

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### Abstrak

Prestasi akademis merupakan salah satu komponen dari kesuksesan mahasiswa di perguruan tinggi. Penelitian ini melihat hubungan antara unconditional self-acceptance dan prestasi akademis yang dimediasi oleh grit berdasarkan teori dari self-regulation. Salah satu faktor yang berperan dalam meningkatkan fungsi mahasiswa untuk mencapai prestasi akademis adalah unconditional self-acceptance. Mahasiswa yang memiliki unconditional self-acceptance yang tinggi akan berkontribusi terhadap perkembangan grit yang dimilikinya sehingga ia dapat gigih dan tetap semangat ketika ia berhadapan dengan tantangan dan kegagalan yang mungkin terjadi dalam mencapai tujuan mendapatkan prestasi akademis yang tinggi. Hasil penelitian yang dilakukan pada 306 mahasiswa yang sedang menempuh perkuliahan minimal semester 7 yang tersebar di seluruh Indonesia menunjukkan hasil bahwa grit memediasi secara penuh (fully mediated) pengaruh unconditional self-acceptance terhadap prestasi akademis (Indirect Effect = 0,0304, BootSE = 0,0151, 95% CI [0,0024 – 0,0615]).

.....Academic achievement is one of many component of the students success in college institutions. One of the factors that play a role in improving the function of students to achieve the academic achievement is unconditional self-acceptance. Students which have high unconditional acceptance will increase their grit so they can be persevere and keep their passion up when they face challenges and failures that may occur in achieving the goals of high academic achievement. This study looks at the relationship between unconditional self-acceptance and academic achievement that mediated by grit based on the theory of self-regulation. The results of this study that conducted from 306 students who were taking course at least semester 7 scattered throughout Indonesia showed the results that grit fully mediated the effect of unconditional self-acceptance on academic achievement. (Indirect Effect = 0.0726, BootSE = 0,0304, BootSE = 0,0151, 95% CI [0,0024 – 0,0615]).