

# Hubungan dukungan keluarga dengan kemampuan anak berkebutuhan khusus melakukan kebersihan diri di Kota Bogor = Relationship between family support and ability of children with special needs for the personal hygiene in Bogor City

Ita Pursitasari, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20491653&lokasi=lokal>

---

## Abstrak

Dukungan keluarga diperlukan untuk memandirikan anak berkebutuhan khusus dalam melakukan kebersihan diri. Penelitian ini bertujuan untuk mengidentifikasi hubungan dukungan keluarga dengan kemampuan melakukan kebersihan diri pada ABK. Dukungan keluarga meliputi dukungan informasi, dukungan instrumental, dukungan emosional dan dukungan penghargaan. Desain penelitian cross sectional dengan 84 responden orangtua yang memiliki anak berkebutuhan khusus. Penelitian dilakukan dengan cara responden mengisi kuesioner yang terdiri dari 3 kuesioner.. Hasil penelitian menunjukkan tidak ada hubungan antara karakteristik ABK dengan kebersihan diri, tidak ada hubungan antara karakteristik orangtua dengan kebersihan diri ( $p > 0,05$ ), ada hubungan antara dukungan informasi, dukungan instrumental, dukungan emosional dan dukungan penghargaan dengan kebersihan diri ( $p < 0,005$ ), dukungan yang paling berpengaruh yaitu dukungan informasi, dukungan emosional dan dukungan penghargaan. Kesimpulannya terdapat hubungan yang signifikan antara dukungan informasi, dukungan instrumental, dukungan emosional dan dukungan penghargaan dengan kebersihan yang ditunjukkan oleh uji  $\chi^2$ . Rekomendasi dalam penelitian ini dilakukan penelitian pada kebersihan diri yang lain dan dilakukan dengan metode kualitatif.

Family support is needed to empower the children with special needs in performing personal hygiene. This study aims to identify the relationship of family support with the ability to do a personal hygiene in children with special needs. Family support includes information support, instrumental support, emotional support and appreciation support. The study design was cross sectional with 84 parents who had children with special needs. The study was conducted by the respondents who filled out a questionnaire was consisting of 3 questionnaires (questionnaire A about characteristics of children with special needs and parental characteristics, questionnaire B about family support and questionnaire C about personal hygiene). The results showed there was no relationship between the characteristics of children with special needs with personal hygiene, there was no relationship between parental characteristics and personal hygiene ( $p > 0.05$ ). There was a relationship between information support, instrumental support, emotional support and appreciation support with personal hygiene ( $p < 0.005$ ), the most influential support namely appreciation support. In conclusion, there was a significant relationship between information support, instrumental support, emotional support and appreciation support the ability of children with special needs for the personal hygiene. Recommendations in this study carried out research on other personal hygiene and carried out by qualitative methods.