

## Hubungan persepsi konflik interparental dan distres psikologis pada mahasiswa baru Universitas Indonesia = Correlation between perception of interparental conflict and psychological distress in University of Indonesia first-year students

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### Abstrak

Beberapa penelitian sebelumnya menemukan bahwa persepsi terhadap konflik interparental dapat menjadi salah satu prediktor munculnya distres psikologis. Untuk itu, penelitian ini bertujuan untuk melihat hubungan antara persepsi konflik interparental dan distres psikologis pada mahasiswa baru Universitas Indonesia.

Partisipan pada penelitian merupakan 383 mahasiswa baru Universitas Indonesia.

Variabel distres psikologis diukur dengan menggunakan Self-Reporting Questionnaire-20 (SRQ-20), sedangkan variabel persepsi konflik interparental diukur menggunakan Childrens Perception of Interparental Conflict (CPIC). Hasil penelitian ini menunjukkan bahwa terdapat hubungan negatif yang signifikan ( $r = -0.341, p < 0,01, \text{two-tailed}$ ) antara persepsi konflik interparental dan distres psikologis.

Some previous studies found that perceptions of interparental conflict can be one predictor of the emergence of psychological distress. For this reason, this study aims to see the correlation between perceptions of interparental conflict and psychological distress in the University of Indonesia first-year students. Participants in this study were 383 first-year students at the University of Indonesia.

Psychological distress variable were measured using Self-Reporting Questionnaire-20 (SRQ-20), while interparental conflict perception variable were measured using Children Perception of Interparental Conflict (CPIC). The results of this study indicate that there is a significant negative correlation ( $r = -0.341, p < 0.01, \text{two-tailed}$ ) between perceptions of interparental conflict and psychological distress.