

# Model intervensi keperawatan berjenjang ampibi meningkatkan perilaku adaptif remaja jalanan dan ketangguhan keluarga dalam pencegahan risiko penyalahgunaan NAPZA = Ampibi multilevel nursing intervention model increases street teenager adaptive behavior and family resilience in prevention of drug abuse risks

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## Abstrak

Remaja jalanan sebagai kelompok marginal kesehatan sangat rentan terhadap masalah penyalahgunaan NAPZA. Kondisi inilah yang menyebabkan remaja jalanan membutuhkan perhatian dan pelayanan khusus, salah satunya pelayanan keperawatan komunitas yang dilakukan bersama lintas sektor dan masyarakat sebagai mitra. Model Intervensi Keperawatan Berjenjang Ampibi dapat digunakan sebagai pendekatan saat memberikan layanan keperawatan, yang dapat meningkatkan perilaku adaptif remaja jalanan dan ketangguhan keluarga dalam pencegahan risiko penyalahgunaan NAPZA, sesuai dengan tujuan penelitian ini.

Desain penelitian adalah penelitian operasional dengan tiga tahap: tahap I identifikasi masalah, tahap II pengembangan model dan modul, tahap III uji coba Model Intervensi Keperawatan Berjenjang Ampibi dengan menggunakan studi penelitian kuantitatif quasy experiment pre-post test with control group, responden remaja jalanan yang masih pulang ke rumah (children on the street) di Jabodetabek.

Uji statistik yang digunakan adalah chi square, regresi logistik, t-test, man u whitney, wilcoxon, dan regresi linear. Model intervensi berjenjang Ampibi yang dilengkapi dengan 3 buku saku dan 1 buku kerja, dikembangkan berdasarkan hasil studi literatur, studi pendahuluan, penelitian tahap I, expert review, content dan construct validity, yang menggunakan integrasi teori model sistem dan pencapaian tujuan, serta teori model sosial ekologi. Bentuk intervensi keperawatan yang diberikan adalah edukasi, layanan konseling, pembinaan, pendampingan, dan kunjungan rumah.

Hasil analisis membuktikan bahwa ada peningkatan yang sangat bermakna skor rerata perilaku adaptif remaja jalanan dan ketangguhan keluarga terkait upaya pencegahan penyalahgunaan NAPZA setelah diterapkan Model Intervensi Keperawatan Berjenjang Ampibi. Keberhasilan penerapan model ini diharapkan menjadi salah satu model pelayanan keperawatan komunitas untuk remaja jalanan.

.....Street teenagers as a marginalized health group are prone to drug abuse problems. This condition causes street teenagers require special attention and service, particularly community nursing services carried out together across sectors and communities as partners. The Ampibi Multilevel Nursing Intervention Model can be used as an approach for providing nursing services, which may improve adaptive behavior of street teenagers and family resilience in preventing the risk of drug abuse.

The operational research design was used with three phase: First phase was problem identification, second phase was model and module development, and third phase tried out Ampibi Multilevel Nursing Intervention Model using quantitative research study with quasi-experiment pre-post test in control group. The respondents were street teenagers in Jabodetabek living at home.

The statistical tests used were chi square, logistic regression, t-test, man u whitney, wilcoxon, and linear regression. The Ampibi Multilevel Intervention Model is equipped with 3 pocket books and 1 workbook,

which were developed based on the results of literature studies, preliminary studies, first phase research, expert review, content and construct validity. They used the integration of system model theory and goals achievement, as well as social model theory ecology. The nursing intervention provided education, counseling service, coaching, mentoring, and home visits.

The analysis results reveals very significant increase in the mean score of street teenagers adaptive behavior and family resilience related to drug abuse prevention efforts, after the Ampibi Multilevel Nursing Intervention Model is implemented. The effectiveness of application of s model is expected to be one of the models of community nursing services for street teenagers.