

## Hubungan antara kerelaan seksual, komitmen, dan motif berkorban pada hubungan romantis individu usia jelang dewasa = The relationship of sexual compliance, commitment, and motives of sacrifice in emerging adult's romantic relationship

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### Abstrak

Usia jelang dewasa merupakan masa ketika individu sedang mengeksplorasi dan mengekspresikan cinta, termasuk melalui hubungan seksual. Ada kalanya kerelaan seksual terjadi pada hubungan romantis mereka. Literatur terdahulu menunjukkan bahwa kerelaan seksual merupakan salah satu bentuk pengorbanan individu yang dapat terjadi apabila individu tersebut memiliki komitmen dan motif berkorban pada hubungan yang dijalaninya.

Penelitian ini bertujuan untuk melihat hubungan antara kerelaan seksual dan komitmen, dan peran motif berkorban mendekat dan motif berkorban menghindari dalam memediasi hubungan tersebut. Penelitian korelasional dengan analisis mediasi parallel multiple mediation ini dilakukan kepada 365 individu usia jelang dewasa yang sedang menjalani hubungan romantis. Instrumen penelitian ini adalah Investment Model Scale: Commitment Level, Motives of Sacrifice, dan Sexual Compliance.

Hasil analisis korelasi menunjukkan komitmen dan kerelaan seksual berhubungan positif dan signifikan. Selanjutnya, hasil analisis mediasi menunjukkan motif mendekat dan motif menghindari tidak signifikan memediasi hubungan antara komitmen dan kerelaan seksual secara paralel, namun ditemukan bahwa total kedua motif berkorban tersebut signifikan memediasi hubungan yang ada. Hal tersebut menunjukkan bahwa motif mendekat dan motif menghindari secara bersamaan saling mempengaruhi dalam memediasi hubungan antara komitmen dan kerelaan seksual.

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Adulthood is a time when individuals are exploring and expressing love, including through sexual contact. There are times when sexual compliance occurs in their romantic relationships. Previous literature shows that sexual willingness is one form of individual sacrifice that can occur if the individual has the commitment and motive to sacrifice for the relationship he is living.

This study aims to look at the relationship between sexual willingness and commitment, and the role of approaching sacrificial motives and avoidance sacrifice motives in mediating these relationships. Correlational research with parallel multiple mediation mediation analysis was conducted on 365 individuals nearing adulthood who are undergoing romantic relationships. The instruments of this study are the Investment Model Scale: Commitment Level, Motives of Sacrifice, and Sexual Compliance. The results of correlation analysis show that sexual commitment and willingness are positively and significantly related. Furthermore, the results of the mediation analysis showed that the approaching motives and avoidance motives did not significantly mediate the relationship between commitment and sexual willingness in parallel, but it was found that the total of the two sacrificial motives significantly mediated the existing relationships. This shows that the motive for approaching and avoiding motives simultaneously influence each other in mediating the relationship between sexual commitment and commitment.