

# Faktor-faktor yang berhubungan dengan usia menopause pada ibu lansia di wilayah kerja Puskesmas Cimanggis Depok tahun 2018 = Factors related to age of menopause in elderly mothers in Cimanggis community health center Depok 2018

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## Abstrak

### <b>ABSTRAK</b><br>

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Program Studi : Ilmu Kesehatan Masyarakat  
Judul : Faktor-Faktor yang Berhubungan dengan Usia Menopause pada Ibu Lansia di Wilayah Kerja Puskesmas Cimanggis Tahun 2018  
Pembimbing : Prof. Dr. dr. Sudijanto Kamso, S.KM  
Women who face menopause are included in the risk group because in this group there is a drastic change in physical, psychological, and socio cultural. The age of menopause between a woman and another woman is not the same and depends on the factors that influence it. Menopause at an earlier age will increase the risk of cardiovascular disease, atherosclerosis, stroke, and osteoporosis. The purpose of this study is to discuss the relationship between age of menarche, parity, last childbirth, history of contraception use, job history, nutritional status and history of smoking with age of menopause in elderly mothers in Cimanggis Community Health Center Depok 2018. This study uses survey method with cross sectional approach. The study was conducted in May 2018. The population in this study were all elderly mothers aged 60 years in Cimanggis Community Health Center Depok. The sample in this study amounted to 113 elderly mothers.

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### <b>ABSTRACT</b><br>

Name Nurmalia Ermi  
Study Program Public Health Science  
Title Factors Related to Age of Menopause in Elderly Mothers in Cimanggis Community Health Center Depok 2018  
Counsellor Prof. Dr. dr. Sudijanto Kamso, S.KM  
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taken by cluster sampling. Data were collected through direct interviews with respondents using questionnaires and observations. Data is processed using computer and data analysis is done using multiple logistic regression. The result showed that there was a significant correlation between smoking history with age of menopause p value 0,001, OR 6,80 95 CI, 2,18 21,21 . It is recommended to avoid smoking and cigarette smoke, especially active smokers, because the content in cigarettes can accelerate the occurrence of menopause. The occurrence of menopause at an earlier age will be more at risk of health problems in women.

**Key Words** Age of Menopause, Smoking History