

Gambaran fungsi seksual laki-laki dan fungsi seksual perempuan selama periode kehamilan = Description of male sexual function and female sexual function during the pregnancy period

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Abstrak

ABSTRAK

Kehamilan pada perempuan mempengaruhi seluruh anggota keluarga dan pasangan. Pada kehamilan terjadi perubahan pola seksual yang mempengaruhi keharmonisan rumah tangga. Penelitian ini bertujuan mengetahui gambaran fungsi seksual laki-laki dan fungsi seksual perempuan selama masa kehamilan. Pengambilan sampel dari pasangan suami-istri yang mengalami kehamilan terbagi menjadi dua kelompok. Kelompok 1 laki-laki berjumlah 102 responden dan kelompok 2 perempuan sebanyak 102 responden, dilakukan di Kecamatan Rancabungur Kabupaten Bogor dengan menggunakan desain deskriptif, teknik nonprobability sampling, pendekatan consecutive sampling. Instrumen yang digunakan Brief Male Sexual Function Inventory dan Female Sexual Function Index. Analisis fungsi seksual laki-laki dan fungsi seksual perempuan menggunakan analisis deskriptif. Hasil penelitian menunjukkan gambaran fungsi seksual laki-laki dan fungsi seksual perempuan selama periode kehamilan. Responden pada kedua kelompok, usia sebagian besar berada pada fase dewasa awal yaitu 20-40 tahun. Suami mengalami penurunan dorongan seksual 57 dan kepuasan seksual 56 sedangkan istri mayoritas tidak mengalami penurunan gairah seksual, rangsangan seksual, lubrikasi, orgasme, kepuasan seksual serta mengeluhkan peningkatan nyeri saat berhubungan seksual.

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ABSTRACT

Females pregnancy effects all of family members and life partner. In pregnancy, there are some changes that happened in sexual patterns which affect household harmony. This study aims to determine the description both of males and females sexual function during pregnancy. Sampling of married couples with pregnancy is divided into two groups. The total number of both of males and females group is 120 respondents and 102 respondents. The research was conducted in Rancabungur district, Bogor regency by using descriptive design, nonprobability sampling technique, consecutive sampling approach. The instruments used are Brief Male Sexual Function Inventory and Female Sexual Function Index. An analysis of both of males and females sexual function use descriptive analysis. The result shows a picture of both of male and female sexual function during the period of pregnancy. The range of respondents in both of the groups is mostly in the early adult phase of 20 40 years. The husband experienced a decrease in 57 sexual willingness and 56 sexual satisfaction while the majority wife did not experience a decrease in sexual desire, sexual stimulation, lubrication, orgasm, sexual satisfaction and complain of increased pain during intercourse.