

## Hubungan antara coping terkait stres sekolah dan persepsi keterlibatan orangtua pada remaja = The relationship between coping with school related stress and perceived parental involvement in adolescence

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### Abstrak

Penggunaan coping yang fungsional dalam menghadapi permasalahan berkaitan dengan sekolah merupakan suatu hal penting yang dapat memberi manfaat terhadap performa akademik yang baik di sekolah. Terdapat beberapa faktor yang dapat memengaruhi penggunaan coping pada remaja. Keterlibatan orangtua diasumsikan dapat memprediksi penggunaan coping pada remaja. Penelitian ini bertujuan untuk melihat hubungan antara keterlibatan orangtua yang dipersepsikan oleh siswa dan coping terkait stres sekolah pada remaja. Partisipan yang terlibat dalam penelitian ini sejumlah 405 orang remaja yang merupakan siswa kelas tiga SMA berasal dari delapan sekolah di wilayah yang berbeda-beda. Persepsi keterlibatan orangtua diukur berdasarkan dua versi, yaitu ayah dan ibu dengan menggunakan alat ukur Reported Father Involvement Scale Finley Schwartz, 2004 dan Reported Mother Involvement Scale Finley, Mira, Schwartz, 2008 . Sedangkan, coping terkait stress sekolah diukur dengan menggunakan alat ukur Coping Accross Situational Questionnaire-Revised Barnes, 2011 . Hasil penelitian menunjukkan bahwa terdapat hubungan yang signifikan antara dua jenis coping style yaitu active coping dan internal coping dengan persepsi keterlibatan ayah maupun ibu.

.....Applying functional coping when dealing with school related problems is very important that can be beneficial to make a good academic performance at the school. There are several factors that can affect the use of coping in adolescents. Parental involvement was assumed can predict the use of coping in adolescents. The aim of this study is to see the relationship between parental involvement that perceived by students and coping with school related stress in adolescence. Participants of this study was 405 adolescents in third grade high school students from eight different schools. Perceived parental involvement was measured in two version, that was father and mother using Reported Father Involvement Scale Finley Schwartz, 2004 and Reported Mother Involvement Scale Finley, Mira, Schwartz, 2008 . While coping with school related stress was measured by Coping Accross Situational Questionnaire Revised Barnes, 2011 . The result showed that there are significant relationship between two types of coping style, that were active coping and internal coping with both perceived father involement and perceived mother involvement.