

## Hubungan koping dengan resiliensi pada keluarga yang merawat anak penderita kanker = The relationship between coping and family resilience who care children with cancer

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### Abstrak

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Kanker dapat menyerang manusia pada semua usia, salah satunya pada anak. Anak dengan kanker menghadapi penyakitnya didamping keluarga. Keluarga memiliki fungsi penting dalam proses penyembuhan anak kanker. Tujuan penelitian ini untuk mengetahui hubungan koping dengan resiliensi keluarga yang merawat anak penderita kanker. Penelitian ini menggunakan desain penelitian cross sectional pada 60 responden dengan teknik total sampling. Alat pengumpulan data menggunakan kuesioner The Brief of Cope untuk koping dan Family Resilience Assessment Scale untuk resiliensi keluarga. Hasil penelitian menunjukkan adanya hubungan bermakna antara koping dengan resiliensi keluarga yang merawat anak penderita kanker  $p\text{-value} = 0,00$ ;  $r = 0,443$ ;  $\rho = 0,005$ . Selain itu, problem focused coping dan emotion focused coping masing-masing memiliki hubungan bermakna dengan resiliensi keluarga anak penderita kanker. Akan tetapi, problem focused coping memiliki hubungan yang lebih kuat dengan resiliensi keluarga dibandingkan dengan emotion focused coping. Responden penelitian ini lebih banyak menggunakan problem focused coping dibandingkan emotion focused coping. Untuk menghasilkan keluarga yang resilien, diperlukan pemberian bimbingan dan penguatan koping terhadap keluarga yang merawat anak penderita kanker.

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#### **ABSTRACT**

Cancer can attacks humans in all age, especially children. Children face the cancer with their family. Family has many important roles in cancer healing process. This research was conducted to investigate the correlation between coping and family resilience who care children with cancer. 60 families who caring children with cancer were joined this research. This research used cross sectional design with total sampling technique. Coping was measured by The Brief of Cope and Family Resilience was measured by Family Resilience Assessment Scale. The results showed that there was a significant correlation between coping with family resilience who care children with cancer  $p\text{ value } 0,00$   $r 0,443$   $0,005$ . Problem focused coping and emotion focused coping has a significant correlation with family resilience who care children with cancer. But, problem focused coping have a stronger correlation with family resilience than emotion focused coping. Besides, respondents more often use focused coping problems than emotion focused coping. To get a resilience people, nurse must leading and strengthening coping of families who care children with cancer.