

Analisis Praktik Residensi Keperawatan Medikal Bedah Pada Pasien Gangguan Sistem Perkemihan Dengan Kasus Urolithiasis Menggunakan Pendekatan Model Adaptasi Roy di Rumah Sakit Cipto Mangunkusumo Jakarta = Analysis of Medical Surgical Nursing Residency Practice on Urinary System Disorders With Urolithiasis as a Main Case Using Roy Adaptation Model Approach at Cipto Mangunkusumo Hospital in Jakarta

Rizkika Ramadhani, author

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Abstrak

Praktek klinik spesialis keperawatan medikal bedah pada sistem perkemihan secara keseluruhan bertujuan untuk memberikan asuhan keperawatan tingkat lanjut, menerapkan praktek keperawatan berbasis bukti serta berperan sebagai agen pembaharu di ruang perawatan. Peran sebagai pemberi asuhan keperawatan dilakukan dengan menggunakan pendekatan Model Adaptasi Roy pada 30 pasien gangguan sistem perkemihan dan pada pasien urolithiasis sebagai kasus utama. Peran sebagai peneliti dilakukan melalui penerapan Evidence Based Nursing berupa penerapan format DSI Dialysis Symptom Index pada 164 pasien hemodialisis terbukti memudahkan perawat dalam mengidentifikasi keseluruhan sindroma hemodialisis yang dialami pasien. Peran sebagai inovator dilakukan dengan menerapkan latihan ROM Range of Motion terbukti dapat menurunkan nilai fatigue yang diukur dengan format FACIT-F Functional Assessment of Chronic Illness Therapy- Fatigue

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Clinical practice of medical surgical nursing specialist in urinary system aimed to provide the advance nursing care to implement the evidence based nursing and to act as an innovator in the treatment room. The role as a caregiver in nursing process was carried out using Roy's Adaptation Theory toward 30 patients with urinary system disorder and toward an urolithiasis patient as a main case. The role as a researcher was carried out by implementing evidence based nursing about assessment of hemodialysis syndrome by using DSI Dialysis Symptom Index on 164 hemodialysis patients that can facilitate nurses to identify all of patient's hemodialysis syndrome. The role as an innovator was carried out by doing Range of Motion ROM exercise that was proven to reduce fatigue level measuring by FACIT F Functional Assessment of Chronic Illness Therapy Fatigue.