

## Perbedaan college adjustment antar identity processing style pada mahasiswa baru = The difference between identity processing style and college adjustment among first year students

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### Abstrak

#### <b>ABSTRAK</b><br>

Mahasiswa tahun pertama rentan mengalami masalah adaptasi akibat lingkungan kuliah yang berbeda dengan sekolah. Penelitian ini bertujuan untuk melihat apakah terdapat perbedaan penyesuaian diri mahasiswa baru college adjustment antar tipe identity processing style. Partisipan pada penelitian ini adalah 544 mahasiswa angkatan 2017 Universitas Indonesia. College adjustment diukur menggunakan Student Adaptation of College Questionnaire SACQ oleh Baker dan Siryk 1984 dan identity processing style diukur menggunakan Identity Style Inventory 6th Generation ISI 6G oleh White, Wampler, dan Winn 1998. Penelitian ini menggunakan teknik statistik One Way MANCOVA. Hasil dari penelitian ini adalah terdapat perbedaan yang signifikan college adjustment antar tipe identity processing style.  $F_{8,1072} = 5.480$ ,  $P_{0,05}$ .

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#### <b>ABSTRACT</b><br>

Transition to college is one of problem first year student in college. The aim of this study is to examine the difference of college adjustment between three types of identity processing style informational processing style, normative processing style, dan diffuse avoidant processing style in first year student. The participants used in this study are 544 first year student in Universitas Indonesia. College adjustment was measured by Student Adaptation of College Questionnaire SACQ by Baker and Siryk 1984 and identity style was measured by Identity Style Inventory 6th Generation ISI 6G by White, Wampler, and Winn 1998 . One way MANCOVA statistic technique was used to process the data. There is a significant difference of college adjustment between identity processing style processing style  $F_{8,1072} = 5.480$ ,  $P_{0,05}$ .