

## Peran trait kepribadian terhadap career decision self-efficacy pada mahasiswa tingkat akhir = The role of personality traits on career decision self efficacy in final year undergraduates

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### Abstrak

Penelitian ini bertujuan untuk mengetahui peran masing-masing trait kepribadian, menurut teori the Five-Factor Model, terhadap career decision self-efficacy CDSE pada mahasiswa tingkat akhir. CDSE adalah keyakinan seseorang mengenai kemampuannya untuk melakukan tugas-tugas dan perilaku spesifik yang dibutuhkan untuk mengambil keputusan karier Taylor Betz, 1983 . Partisipan dalam penelitian ini adalah 419 mahasiswa tingkat akhir dari berbagai perguruan tinggi di Indonesia. Trait kepribadian diukur dengan kuesioner the NEO-Five Factor Inventory Costa McCrae, 1989, dalam McCrae Costa, 2004 sedangkan CDSE diukur dengan the Career Decision Self- Efficacy scale - Short Form Betz, Klein, Taylor, 1996 yang keduanya telah diadaptasi ke bahasa Indonesia dan diuji reliabilitas serta validitasnya. Hasil analisis data penelitian menunjukkan bahwa hanya dimensi extraversion yang terbukti berperan secara signifikan terhadap CDSE pada mahasiswa tingkat akhir = 0,457,  $p < 0,001$  . Hasil penelitian ini memberikan pemahaman baru yang lebih mendalam akan bagaimana trait kepribadian dapat memprediksi tingkat CDSE yang dimiliki individu, khususnya di kalangan mahasiswa tingkat akhir.

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The purpose of this study is to examine the role of each personality traits, based on the Five Factor Model theory, on career decision self efficacy CDSE in final year undergraduates. CDSE is defined as a person s beliefs concerning his or her ability to perform specific tasks and behaviors required in making career decisions Taylor Betz, 1983 . Participants in this study is 419 final year undergraduates from various colleges throughout Indonesia. Personality traits were measured with the NEO Five Factor Inventory Costa McCrae, 1989, in McCrae Costa, 2004 meanwhile CDSE was measured with the Career Decision Self Efficacy scale Short Form Betz, Klein, Taylor, 1996 , both of which has been adapted to Bahasa Indonesia and tested for reliability and validity. Results from data analysis shows that only extraversion has a significant role on CDSE in final year undergraduates 0,457,  $p 0,001$  . Findings from this study provides a new and deeper understanding of how personality traits can predict the level of CDSE in an individual, especially among final year undergraduates.