

Analisis praktik klinik keperawatan kesehatan masyarakat perkotaan pada Nenek H (71 Tahun) dengan kerusakan integritas kulit di Wisma Anggrek Sasana Tresna Werdha Budi Mulia 1 DKI Jakarta = Analysis of clinical practice of urban health nursing on Mrs. H (71 years old) with impaired skin integrity in Wisma Anggrek Sasana Tresna Werdha Budi Mulia 1 DKI Jakarta

Amalia Reza Setyawati, author

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Abstrak

ABSTRAK

Perubahan fisiologis merupakan hal yang terjadi pada lansia, perubahan meliputi perubahan sistem integumen. Tujuan dari karya ilmiah ini adalah menganalisis hasil praktik klinik Keperawatan Kesehatan Masyarakat Perkotaan klien dengan kerusakan integritas kulit. Praktik klinik dilakukan selama tujuh minggu di Sasana Tresna Werdha (STW) Budi Mulia 1 Ciracas. Hasil pemeriksaan fisik yang didapatkan adalah pada klien terdapat eksem, gatal-gatal (pruritus), dan kulit kering (xerosis). Klien juga mengalami penurunan kognitif. Intervensi keperawatan yang dilakukan adalah perawatan kulit dengan emollient. Intervensi dilakukan selama enam minggu, dengan total intervensi adalah 30 kali pertemuan dan teknik yang digunakan adalah dengan mengolesi vaseline di kulit sambil dilakukan massage. Hasil setelah diberikan intervensi adalah peningkatan elastisitas, hidrasi, tekstur, integritas kulit, kondisi lesi kulit, dan kemerahan dari gangguan sedang menjadi gangguan ringan. Perawat dapat melakukan pemberian perawatan kulit pada lansia sebagai upaya meningkatkan kualitas integritas kulit sehingga kualitas dan kesejahteraan lansia meningkat.

ABSTRACT

Physiological changes are things that happen in the elderly, the changes include changes in integument system. The purpose of this paper is to analysed the result of clinical practice to the client with impaired skin integrity. Clinical practice was carried out for seven weeks in Sasana Tresna Werdha (STW) Budi Mulia 1 Ciracas. The result of physical assessment such as there are eczema, pruritus, and xerosis within client. Client also have cognitive problem. Nursing interventions was skin care with emollient. Interventions was carried out for six weeks, with total intervention was 30 times and the techniques was smearing Vaseline to the skin with a little bit massage. The result such as there are improvement to the client's skin elasticity, hydration, texture, skin integrity, skin lesions, and redness from moderate to mild. Nurses can perform skin care to the elderly as an effort to improve the quality of the skin integrity so that the quality and welfare of the elderly increases.;Physiological changes are things that happen in the elderly the changes include changes in integument system The purpose of this paper is to analysed the result of clinical practice to the client with impaired skin integrity Clinical practice was carried out for seven weeks in Sasana Tresna Werdha STW Budi Mulia 1 Ciracas The result of physical assessment such as there are eczema pruritus and xerosis within client Client also have cognitive problem Nursing interventions was skin care with emollient Interventions was carried out for six weeks with total intervention was 30 times and the techniques was smearing Vaseline to the skin with a little bit massage The result such as there are improvement to the client

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