

Perubahan tanda gejala dan kemampuan klien isolasi sosial setelah diberikan latihan keterampilan sosial dan psikoedukasi keluarga laporan kasus = Change in sign and symptom as well as the client's ability to socialization after given nurse intervention social skills training family psychoeducatin case report

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Abstrak

Skizofrenia adalah penyakit otak neurobiologis berat dan terus menerus. Tanda gejala negatif yang muncul mengakibatkan isolasi sosial. Tujuan penulisan adalah melaporkan perubahan tanda gejala dan kemampuan klien isolasi sosial setelah diberikan tindakan keperawatan ners, latihan keterampilan sosial dan psikoedukasi keluarga. Laporan dalam bentuk studi kasus dilakukan pada klien sebanyak 15 orang, jenis kelamin laki-laki, usia rata-rata 32,8 tahun berasal dari suku Sunda. Laporan kasus dengan topik yang sama sudah pernah dilakukan, namun yang membedakan dengan laporan ini adalah laporan studi kasus ini menggunakan pendekatan teori sistem perilaku Johnson. Data dikumpulkan sebelum dan sesudah klien diberikan tindakan keperawatan ners, latihan keterampilan sosial dan psikoedukasi keluarga.

Hasil studi kasus menunjukkan bahwa terjadi penurunan tanda gejala isolasi sosial dan peningkatan kemampuan klien bersosialisasi setelah diberikan tindakan keperawatan ners, latihan keterampilan sosial dan psikoedukasi keluarga. Studi kasus ini merekomendasikan agar tindakan keperawatan ners, tindakan keperawatan ners spesialis latihan keterampilan sosial dan psikoedukasi keluarga dilakukan secara intensif untuk meningkatkan kemampuan sosialisasi klien skizofrenia yang mengalami isolasi sosial dan keluarga.

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Schizophrenia is a severe and continuous neurobiologic brain disease. Signs of negative symptoms that appear to result in social isolation. The purpose of this writing is to report changes in sign of symptom and ability of social isolation client after given nurse intervention, social skill training and family psychoeducation. Report in the form of case studies were conducted on clients as many as 15 people, male gender, average age of 32.8 years and came from the Sundanese tribe. Case reports on the same topic have been conducted, but what distinguishes this case report is that this case using Johnson 39 s behavioral systems theory approach. Data were collected before and after clients were given nurse intervention, social skills training and family psychoeducation.

The results of case studies show that there was a decrease in sign and symptom of social isolation and increased ability of socializing clients after nurse intervention given, social skills training and family psychoeducation. This case study recommends that nurse intervention, social skills training and family psychoeducation be done intensively to improve the socialization skills of schizophrenic clients who experience social isolation and family.