

## Efikasi diri pengambilan keputusan karier sebagai prediktor dari adaptabilitas karier siswa SMP kelas 9 Kota Depok = Career decision making self efficacy as predictor of career adaptability among 9th grade students in Depok city

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### Abstrak

Penelitian ini dilakukan untuk melihat peran efikasi diri pengambilan keputusan karier terhadap adaptabilitas karier Siswa SMP kelas 9 di kota Depok. Pengukuran efikasi diri pengambilan keputusan karier dilakukan menggunakan career decision making self efficacy scale short form CDMSE-SF milik Taylor dan Betz 1983 yang sudah dimodifikasi oleh Sawitri 2008 . Nilai koefisien reliabilitas untuk alat ukur CDMSE-SF adalah sebesar 0.879. Pengukuran adaptabilitas karier dilakukan menggunakan Career Adapt-Abilities Scale CAAS milik Savickas dan Porfeli 2012 . Nilai koefisien reliabilitas untuk alat ukur CAAS adalah sebesar 0.899. Partisipan dalam penelitian ini berjumlah 666 responden dengan karakteristik siswa yang sedang menempuh pendidikan Sekolah Menengah Pertama kelas 9 di kota Depok. Melalui teknik simple regression, diperoleh hasil bahwa efikasi diri pengambilan keputusan karier mampu memprediksi secara signifikan kemampuan adaptabilitas karier siswa SMP kelas 9 kota Depok  $R= 0.627$ ,  $p < .01$ .

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This research is conducted to examine wheter career decision making self efficacy could predict career adaptability among 9th grade students in Depok City. The career decision making self efficacy is measured with career decision making self efficacy scale short form CDMSE SF which was created by Taylor and Betz 1983 . Reliability coefficient for CDMSE SF is 0.879. The career adaptability is measured with Career Adapt Abilities Scale CAAS which was created by Savickas and Porfeli 2012 with reliability coefficient of 0.899. Participants of this study consist of 666 respondents with following students who are currently in 9th grade at Depok City. Using simple resgression analysis, the result pointed out that career decision making self efficacy could predict career adaptability  $R 0.627$ ,  $p .01$ .