

Studi fenomenologi: pengalaman ostomate terhadap perawat pada persiapan pembedahan stoma = The experience of ostomate to nurses in the preparation of ostomy surgery

Hamka, author

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Abstrak

Stoma membawa dampak perubahan kualitas hidup pasien. Diperlukan persiapan yang tepat sebelum operasi untuk menyiapkan pasien beradaptasi. Penelitian bertujuan mengeksplorasi pengalaman ostomate terhadap perawat pada persiapan pembedahan stoma. Desain kualitatif dengan pendekatan fenomenologi melibatkan 7 ostomate yang memenuhi kriteria penelitian. Wawancara mendalam dilakukan dengan analisa metode Collaizi. Hasilnya terdapat 5 tema: 1 Menjalani operasi stoma atas support dokter keluarga; 2 Menjalani persiapan rutin sebelum operasi dari perawat; 3 Kurang interaksi secara interpersonal dengan perawat; 4 Kurang mendapatkan informasi spesifik stoma dari perawat; 5 Keinginan mendapatkan perawatan dari perawat khusus stoma sebelum operasi dilakukan. Kesimpulan, perawatan preoperative stoma belum meliputi seluruh aspek seperti edukasi, dukungan fisik psikologis yang diberikan oleh perawat dengan kompetensi khusus yaitu enterostomal therapy nurses. Saran, Dalam memberikan layanan preoperative, Perawat harus melakukan asuhan keperawatan preoperative stoma dengan menggunakan komunikasi efektif keterampilan perawatan stoma terstandar.

.....Proper preparation of preoperative ostomy surgery is needed, because it has an impact to the patient's quality of life. The aim of this researched was to explore the ostomate experience of the nurse on the preparation of ostomy surgery. The design of this research Was Qualitative design with phenomenology approach involves 7 Ostomates that meet the research and the data analyzed by Collaizi 39 s method. The results had 5 themes 1 Ostomy surgery on the support of doctors and family 2 undergoing routine preparation prior to the operation of the nurse 3 Less interpersonal interaction with nurses 4 lack of specific stoma information from the nurse 5 The desire to get treatment from a stoma special nurse before ostomy surgery. Conclusion Proper preparation of preoperative ostomy surgery has not covered all aspects such as education, physical psychological support provided by enterostomal therapy nurses. Suggestions In a Preoperative care, nurses should be able to conduct holistic preoperative nursing care and be complemented by effective communication skills.