

## Pengalaman keluarga mendampingi pencapaian perkembangan lanjut usia pasca stroke = Family experience accompanies the achievement of post stroke elderly development

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### Abstrak

Mendampingi pencapaian perkembangan lanjut usia pasca stroke merupakan pengalaman unik dan berdampak pada keluarga. Keluarga memiliki cara, sikap dan perlakuan yang berbeda selama mendampingi lanjut usia. Tujuan penelitian memberikan gambaran pengalaman keluarga mendampingi pencapaian perkembangan lanjut usia pasca stroke dan memaknainya. Penelitian menggunakan desain kualitatif dengan pendekatan fenomenologi deskriptif. Partisipan adalah 14 orang caregiver utama lanjut usia di Rumah purposive sampling. Analisa data menggunakan Collaizi. Hasil penelitian teridentifikasi 5 tema yaitu : 1 dampak bio-psiko-sosio-spiritual pada lanjut usia pasca stroke, 2 keluarga memenuhi kebutuhan lanjut usia pasca stroke, 3 dampak pasca stroke pada lanjut usia yang dirasakan keluarga, 4 pencapaian perkembangan lanjut usia pasca stroke menurut keluarga, 5 makna merawat lanjut usia pasca stroke menurut keluarga. Rekomendasi penelitian adalah meningkatkan Psikoedukasi dan pembentukkan kelompok suppotif untuk keluarga. Kata Kunci : keluarga, lanjut usia, pasca stroke, perkembangan.

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Family Experience Accompanies the Achievement of Post Stroke Elderly Development Accompanies the achievement of post stroke elderly development is a unique experience and impact on the family. Families have different ways, attitudes and treatment during the elderly. The purpose of the study provides an overview of family experiences accompanies the achievement of post stroke elderly development and interpret it. The research used qualitative design with descriptive phenomenology approach. Participants were 14 primary caregiver of elderly at home purposive sampling . Data analysis using Collaizi. The results of the study identified 5 themes 1 the impact of bio psycho socio spiritual in the elderly post stroke, 2 the family meet the needs of elderly post stroke, 3 the post stroke impact on the elderly perceived by the family, 4 the achievement of the elderly development Post stroke by family, 5 the meaning of caring for elderly post stroke by family. The research recommendation is to improve Psychoeducation and formation of family suppotive groups. Keywords family, elderly, post stroke, development.