

## Mengefektifkan pelaksanaan program support group bagi keluarga di Balai Besar Rehabilitasi BNN = Effectiveness the implementation of the support group program for families at BNN Rehabilitation center

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### Abstrak

Salah satu penyebab meningkatnya prevalensi pecandu narkoba adalah proses rehabilitasi yang tidak selesai dan tingkat kekambuhan. Keluarga merupakan salah satu risk factor penyebabnya. Family Support Group FSG merupakan program kegiatan dukungan yang dilaksanakan oleh Balai Besar Rehabilitasi BNN untuk mengaktifkan kembali peran, pengembalian sistem dan relasi dalam keluarga melalui Family Education, Family Sharing, dan Family Therapy dengan harapan keluarga dapat memahami, menerima, dan mengakui permasalahan yang dihadapi residen dan keluarga, sehingga dapat memberikan motivasi sekaligus sebagai pencegah kekambuhan pecandu. Penelitian kualitatif dilakukan untuk mengetahui pelaksanaan program FSG, kendala yang ditemukan, serta upaya mengefektifkan program ini. Temuan penelitian, pelaksanaan FSG kurang efektif. Kendala-kendala yang muncul diantaranya pemahaman dan rasionalitas program yang tidak jelas. Balai Besar juga belum memberikan dukungan instrumental dan advokasi. Ini menjadi masukan bagi perubahan kebijakan penyelenggaraan program FSG agar sesuai antara harapan BNN dengan keluarga terhadap program FSG.

.....One of the causes increasing prevalence of narcotic addicts is the process of uncomplete rehabilitation and relapse rates. The family is one of the risk factors causing it. Family Support Group FSG is a support program implemented by BNN Rehabilitation Center to reactivate the role, return of family relationships and systems through Family Education, Family Sharing and Family Therapy with hoped that families can understand, accept and acknowledge the problems faced resident and family, so it can provide motivation as well as prevention of relapse addicts. Qualitative research is conducted to find out the implementation of the FSG program, the constraints found, as well as efforts to streamline the program. The research findings, the implementation of FSG less effective. Constraints that arise include the understanding and rationality of the program is not clear. Balai Besar also has not provided instrumental support and advocacy. This is an input for the change of FSG program implementation policy to fit between BNN 39 s expectations with family towards FSG program.