

Kebermaknaan hidup dan sikap tawakal pada kehidupan single mother muslim = Meaningfulness of life and tawakal on muslim single mother life / Syindhi Rachmawati

Syindhi Rachmawati, author

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Abstrak

ABSTRAK

Penelitian ini bertujuan memberikan gambaran dan pemahaman mengenai kebermaknaan hidup dan sikap tawakal pada kehidupan single mother muslim dalam menghadapi kesulitan hidup. Penelitian ini menggunakan metode kualitatif dengan pendekatan studi kasus. Teknik pengumpulan data dilakukan melalui wawancara mendalam dan observasi. Subjek penelitian berjumlah enam orang single mother muslim yang menetap di empat wilayah berbeda yaitu Bekasi, Bogor, Bandung dan Lombok. Hasil penelitian ini menunjukkan bahwa kebermaknaan hidup single mother muslim melalui realisasi creative values, experiential values, attitudinal values dan hopeful values dapat mencegah sikap putus asa dan membuat mereka bertahan dalam menghadapi berbagai persoalan. Sementara sikap tawakal para single mother muslim yang dilandasi oleh keyakinan terhadap nilai ketuhanan menjadikan mereka tenang dan ridh menjalani kehidupannya.

ABSTRACT

This study aims to provide an overview and understanding of the meaningfulness of life and tawakal trust in Allah on muslim single mother life to face the adversities. This study uses qualitative method with case study approach. Data collection techniques are conducted through in depth interviews and observation. Subjects are six muslim single mother who settled in four different areas Bekasi, Bogor, Bandung and Lombok. The results suggest that the meaningfulness of life of muslim single mother through realization of creative values, experiential values, attitudinal values and hopeful values can prevent the hopelessness and make them stand in the face of various problems. While the tawakal trust in Allah of muslim single mothers which based on the belief in value of divinity makes them calm and ridha to live their life.