

Efektifitas model perilaku adaptasi pasien penyakit ginjal kronis pre dialisis = Effectiveness of adaptation behaviors model in patients with kidney disease pre dialysis

Tri Hapsari Retno Agustiyowati, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20453964&lokasi=lokal>

Abstrak

ABSTRAK

Tujuan penelitian ini adalah untuk mengembangkan model perilaku adaptasi pasien penyakit ginjal kronis pre dialisis serta mengidentifikasi efektifitas model terhadap respon adaptasi fisiologi, perilaku adaptasi psikologi, pengetahuan dan sikap. Penelitian ini merupakan riset development yang dilakukan dalam dua tahap. Tahap satu mengidentifikasi masalah melalui penelitian kualitatif dengan pendekatan fenomenologi deskriptif tentang pengalaman hidup pasien dengan penyakit ginjal kronis pre dialisis, dilanjutkan membuat solusi dengan mengembangkan model perilaku adaptasi pasien penyakit ginjal kronis pre dialisis. Penelitian tahap dua quasi eksperimen dengan desain pre-test-post-test with control group untuk melihat efektifitas model pada 70 pasien penyakit ginjal kronis pre dialisis 38 orang kelompok intervensi dan 32 orang kelompok kontrol . Hasil penelitian tahap satu berupa buku model dan panduan implementasi, materi pembelajaran perilaku adaptasi untuk perawat pelaksana, serta booklet perilaku adaptasi untuk pasien penyakit ginjal kronis pre dialisis. Hasil penelitian tahap dua membuktikan kelompok intervensi memiliki respon adaptasi fisiologi, perilaku adaptasi psikologi, serta pengetahuan dan sikap yang lebih baik dibanding kelompok kontrol. Kesimpulan hasil penelitian ini adalah model perilaku adaptasi pasien penyakit ginjal kronis pre dialisis efektif terhadap respon adaptasi fisiologi, perilaku adaptasi psikologi, pengetahuan dan sikap. Saran melakukan sosialisasi model, advokasi ke unit terkait, aplikasi dalam asuhan keperawatan pada pasien penyakit ginjal kronis pre dialisis. Kata kunci: model perilaku adaptasi, respon adaptasi fisiologi, perilaku adaptasi psikologi, penyakit ginjal kronis pre dialisis

<hr />

ABSTRACT

The purpose of this study is to develop a model of adaptation behaviors for patients with chronic kidney disease pre dialysis and identify the effectiveness of the model towards physiological adaptation response, psychological adaptation behavior, knowledge and attitude of the patients. The study is a development research done in two stages. Stage one is identification of the issues through qualitative study according to descriptive phenomenology approach related to patients rsquo life experiences with chronic kidney disease pre dialysis, continued by the development of a model of adaptation behaviors for patients with chronic kidney disease pre dialysis as a solution to the issue. Stage two is a quasi experiment according to pre test post test with control group design to observe the effectiveness of the model in 70 patients with chronic kidney disease pre dialysis 38 subjects in the intervention group and 32 subjects in control group . The result of stage one study is a model book and implementation guideline, adaptation behaviors learning material for caregiver nurse and basic adaptation behaviors booklet for patients with chronic kidney disease pre dialysis. The result of stage two study proved that the intervention group has a physiological adaptation response, psychological adaptation behavior, knowledge and attitude better than the control group. In conclusion, the constructed model of adaptation behaviors for patients with chronic kidney disease pre dialysis is effective

towards physiological adaptation response, psychological adaptation behavior, knowledge and attitude of the patients. Suggestions for model dissemination, advocacy to related units, application in nursing care in patients with chronic kidney disease pre dialysis. Keywords Model of adaptation behaviors, physiological adaptation response, psychological adaptation behavior, chronic kidney disease pre dialysis