

Kontribusi ekspresi emosi ibu dan respon ibu menghadapi emosi negatif anak terhadap pemahaman emosi pada anak usia 4-6 tahun =  
Contribution of maternal emotional expression and maternal response to negative emotion towards emotional understanding of children aged 4-6 years

Fiona Puspa Wijaya, author

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Abstrak

Penelitian ini bertujuan melihat kontribusi ekspresi emosi ibu dan respon ibu menghadapi emosi negatif anak secara bersama-sama terhadap pemahaman emosi anak usia 4-6 tahun. Pemahaman emosi anak diukur dengan Test Emotion Comprehension kepada 200 partisipan anak usia 4-6 tahun. Ekspresi emosi diukur dengan Self Expressiveness Within the Family Questionnaire dan respon ibu menghadapi emosi negatif anak dengan Children's Coping with Negative Emotion Scale kepada 200 partisipan ibu. Penelitian ini menemukan bahwa respon supportive ibu menghadapi emosi negatif anak berkontribusi terhadap pemahaman emosi anak usia 4-6 tahun ( $r = 0,540$ ,  $t = 8,504$ ,  $p = 0,0001$ ). Hal tersebut diduga berkaitan dengan usia anak 4-6 tahun yang masih terbatas dalam membedakan emosi.

.....This study examines the contribution of maternal emotional expression and maternal response to negative emotion toward emotional understanding of children aged 4-6 years. Children's emotional understanding is measured by the 200 participants who were children aged 4-6 years. The expression of emotion is measured by Self Expressiveness Within the Family Questionnaire and maternal response to children's negative emotion is measured by Children's Coping with Negative Emotion Scale to 200 mother participant. This study found that maternal supportive response to negative emotion towards children is contributed the emotional understanding of children aged 4-6 years tahun ( $r = 0,540$ ,  $t = 8,504$ ,  $p = 0,0001$ ). This may be related to the fact that children aged 4-6 years are still limited in differentiating emotion.