

Pengalaman injecting drug users living with Hiv/Aids (ILWHA) menjalani terapi antiretroviral saat terapi rumatan metadon

Fitria Handayani, author

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Abstrak

Penelitian merupakan penelitian kualitatif dengan pendekatan fenomenologi yang bertujuan memahami berbagai pengalaman Injecting Drug User Living with HIV/AIDS (ILWHA) dalam menjalani terapi antiretroviral (ARV) saat terapi rumatan metadon. Partisipan berjumlah 6 orang yang dipilih dengan purposive sampling. Pengumpulan data dengan wawancara mendalam dan analisis menggunakan metode "Colaizzi's".

Penelitian menyimpulkan setiap ILWHA mengalami kebugaran dan lebih fungsional dalam hidup. Terdapat berbagai kebutuhan pelayanan kesehatan yaitu pelayanan yang terintegrasi antara ARV dan metadon, informasi penanggulangan efek ARV dan gizi serta informasi HIV, ARV dan metadon bagi masyarakat. Berdasarkan hal tersebut, perawat konselor ARV perlu memahami beban fisik, psikologis, dan sosial serta kedinamisan ILWHA dalam terapi ARV saat terapi rumatan metadon selain itu juga perlu mengidentifikasi dan mengembangkan lebih lanjut kebutuhan pelayanan kesehatan pada ILWHA.

.....The research is qualitative research with phenomenology approach aimed at understanding the various experiences Injecting Drug Users Living with HIV/AIDS (ILWHA) in antiretroviral (ARV) therapy during methadone maintenance therapy. Participants totaled six people chosen by purposive sampling. Collecting data by in-depth interviews and analysis using the method "Colaizzi's". Research concluded were every ILWHA fitness experienced and more functional in life. There were a variety of health care needs of an integrated service between ARVs and methadone, information handling and nutrition and ARV effects of HIV information, ARV and metadon for the community. Based on this, nurses need to understand the burden of ARV counselor physical, psychological, and social development and dynamism ILWHA in ARV therapy during methadone maintenance therapy but it also needs to identify and develop further the need for health services in ILWHA.