

# Pengaruh pengarahan kepala ruang menggunakan program internalisasi hasil evaluasi belajar perawat (PIN Hebat) terhadap melek kesehatan dan pencegahan cedera jarum suntik = The influence of direction of head nurse using program internalization evaluation study of nurses against health literacy and prevention of needlestick injury

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## Abstrak

Melek kesehatan sangat penting bagi keselamatan perawat. Laporan angka cedera jarum suntik pada perawat hingga saat ini masih tinggi, salah satunya karena rendahnya melek kesehatan perawat. Upaya mengoptimalkan melek kesehatan dan pencegahan cedera jarum suntik perawat dapat dilakukan melalui pengarahan. Pengarahan dapat dilakukan melalui berbagai cara yang inovatif melalui program internalisasi hasil evaluasi belajar perawat Pin Hebat. Tujuan pre-eksperiment ini untuk menguji pengaruh Pin Hebat terhadap melek kesehatan dan pencegahan cedera jarum suntik perawat. Penelitian ini menggunakan uji independent t-tes dan Mann U Whitney dengan sampel 88 perawat untuk melek kesehatan dan 102 tindakan pencegahan cedera jarum suntik.

Hasil penelitian menunjukkan bahwa ada perbedaan yang bermakna pada melek kesehatan perawat pelaksana  $p=0,001$ , dan ada perbedaan yang bermakna juga pada pelaksanaan pencegahan cedera jarum suntik perawat pelaksana  $p=0,014$  setelah diterapkan pengarahan menggunakan Pin Hebat. Pengarahan kepala ruang menggunakan Pin Hebat memberi dampak pada melek kesehatan sebesar 27 dan pencegahan cedera jarum suntik perawat sebesar 31. Dukungan dan kerjasama semua pihak terutama manajemen rumah sakit diperlukan untuk penetapan kebijakan pelaksanaan pengarahan menggunakan Pin Hebat oleh kepala ruang di rumah sakit secara berkelanjutan.

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Health literacy is a essential part of nurse safety. Report number of needlestick injuries in nurses up to now still high, one of them due to the low of nurses health literacy. Attempts to optimize the health literacy and prevention of needlestick injuries in nurses can be done through the direction. Directing can be executed by doing several innovative ways such as a program internalization study evaluation nurses Pin Hebat. The goal of pre experiment is to test the Pin Hebat influence on health literacy and prevention of needlestick injury nurses. This research uses the independent t test and Mann U Whitney tests with samples 88 nurses for health literacy and 102 precaution of injured needlestick.

The results showed that there was a meaningful difference in implementing nurse health literacy  $p 0.001$ , and there was also a meaningful difference on the implementation of the prevention of needle injury of nurses  $p 0,014$  after applying the direction using a Pin Hebat. Directing of head nurse using Pin Hebat give impact on health literacy of 27 and the prevention of nurse injury to syringe of 31. The support and cooperation of all parties is needed especially for hospital management toward the implementation of the directing policy using Pin Hebat by head nurse in the hospital sustainably.