

Penerapan prinsip-prinsip positive parenting program untuk menurunkan perilaku berbohong pada remaja dengan parent-child relational problems = The application of positive parenting program's principles to reduce lying behavior in adolescence with parent child relational problems

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Abstrak

Penelitian ini dilakukan untuk melihat pengaruh penerapan prinsip-prinsip positive parenting program untuk menurunkan perilaku berbohong pada remaja dengan Parent-Child Relational Problems. Positive Parenting Program bertujuan untuk mencegah dan mengatasi masalah perilaku anak dengan cara meningkatkan komunikasi dan hubungan positif antara orangtua anak melalui penerapan praktek gaya pengasuhan positif. Penelitian ini merupakan penelitian eksperimental dengan before-after study design dan metode single-subject design. Keberhasilan program pengasuhan positif dalam menurunkan perilaku berbohong terlihat dari perbandingan skor pre-test dan post-test. Perilaku berbohong diukur dengan Lying Towards Parents Scale dan Child Behavior Checklist khusus pada item lie/cheat. Perubahan gaya pengasuhan positif diukur dengan alat ukur Skala Gaya Pengasuhan dan Parents Sense of Competence Scale. Hasil penerapan program intervensi ini menunjukkan bahwa terdapat penurunan skor pada perilaku berbohong remaja dan peningkatan skor pada gaya pengasuhan positif orangtua.

.....This research was conducted to examine the application of positive parenting program principles to reduce lying behavior in adolescence with Parent Child Relational Problems. Positive Parenting Program is a program to prevent and solve children's behavior problem by increasing positive relationship and communication between parents and their children using positive parenting style. This research is an experimental research, conducted using before after study design and single subject design. The success outcome in the application of this program was seen from the comparison of pre test and post test scores. Lying behavior was measured with Lying Towards Parents Scale and Child Behavior Checklist, specifically in item lie cheat. The changes in positive parenting style are measured with Parenting Style Scale and Parents Sense of Competence Scale. The outcome of this intervention program shows that adolescence's lying score is decreasing and score of positive parenting style is increasing.