

Hubungan antara mindfulness guru dan school adjustment siswa berkebutuhan khusus melalui persepsi guru di sekolah luar biasa (SLB)  
= Relationship between teachers mindfulness and special needs student's school adjustment based on teacher perception in school

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Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20444759&lokasi=lokal>

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Abstrak

Being a teacher in SLB facing major challenges in teaching and learning. Mindfulness on teacher help make closer in interpersonal relationship of teacher and student. Good interpersonal relationships can help the process of school adjustmen students with special needs. Therefore this research was conducted to get an idea of ??the relationship between teacher mindfulness and school adjustment of students with special needs through the perception of teachers in schools SLB . Measurements school adjustment using the Short Form Teacher Rating Scale of School adjustment SFTRSSA developed by Bitch and Ladd 2007 through the perception of teachers and measurements of mindfulness using a measuring instrument Mindfull Attention Awareness Scale MAAS developed by Brown and Ryan 2003 . Participants in this study were 75 teachers who teach grade one, two and three elementary schools in the School SLB are located in Jakarta and Depok with a number of students were rated as 325 students. The results showed that teachers mindfulness have a positive relationship with the school adjustment of students with special needs with the value of  $r = 0.21$ , P.