

Proporsi masalah overjet dan overbite pada remaja dengan tension-type headache: studi observasional pada murid kelas XI di SMAN 81 Jakarta = The proportion of overjet and overbite problems in adolescents with tension type headache an observational: study on 11th grade student at SMAN 81 Jakarta

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Abstrak

ABSTRACT

Latar belakang: Overjet dan overbite diluar batas normal dapat meningkatkan kontraksi otot mastikasi yang merupakan salah satu kemungkinan penyebab dari tension-type headache TTH . Tujuan: Mendapatkan informasi mengenai proporsi masalah overjet dan overbite pada remaja kelas XI yang mengalami TTH di SMAN 81 Jakarta. Metode: 324 murid kelas XI mengisi kuesioner nyeri kepala menggunakan metode wawancara terpimpin. Didapatkan 112 subjek penelitian dan diperiksa overjet dan overbite menggunakan periodontal probe. Hasil: Sebanyak 43,4 remaja mengalami TTH. Diantaranya, 40,2 mengalami masalah overjet 26,8 overjet berlebih, 13,4 crossbite anterior dan 30,4 mengalami masalah overbite berupa deepbite. Kesimpulan: Jumlah subjek dengan TTH yang memiliki masalah overjet dan overbite lebih sedikit dibandingkan jumlah subjek dengan overjet dan overbite normal. Kata kunci: tension-type headache, overjet berlebih, crossbite anterior, deepbite.

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ABSTRACT

Background Overjet and overbite beyond normal limits can lead to increased contraction of masticatory muscle which expected as one of the causes of tension type headache TTH . Objective To attain the proportion of overjet and overbite problems in adolescents on 11th grade at SMAN 81 Jakarta who sustain TTH. Methods 324 students on 11th grade were given headache questionnaires with guided interview. 112 subjects, who were chosen, were examined to measure their overjet and overbite using periodontal probes. Result 43,4 students experience TTH. From all of them, 40.2 having an overjet problems 26.8 of excessive overjet, 13.4 of anterior crossbite . Besides, 30.4 having an overbite problem as deepbite. Conclusion The number of adolescents with TTH who were having overjet and overbite problems is fewer than the number of adolescents with normal overjet and overbite. Keywords tension type headache, excessive overjet, anterior crossbite, deepbite.