

Faktor faktor yang berkaitan terhadap status gizi pasien diabetes mellitus tipe 2 pada Rumah Sakit Husada Jakarta tahun 2015 = Factors related to the nutritional status of patients with type 2 diabetes mellitus in Husada Hospital Jakarta by 2015

M. Hanindio Suryokusumo, author

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Abstrak

The incidence of type 2 diabetes mellitus increase each year in Indonesia. A good nutritional status in patients with type 2 diabetes may improve their quality of life and avoid the complications that may arise in type 2 diabetes mellitus. This study aims to find the factors that can affect nutritional status of type 2 diabetes mellitus patients. A cross ndash sectional study was conducted on 57 patients rsquo medical records obtained from Husada Hospital. The result showed that patients with type 2 diabetes mellitus who have the nutritional status of obese commonly found in women 94.1 , aged 50 64 years 64.7 , active physical activity 52.9 , currently on pharmacological treatment 100 , with the intake of nutrients such as low energy intake 64.7 , high fat consumption 58.8 , and adequate carbohydrates 100 and protein consumption 100 . No association was found statistically significant between the sexes, energy intake, carbohydrates intake, fat intake, protein intake, physical activity, and currently on pharmacological treatment on the nutritional status of patients with type 2 diabetes p 0.05 . A statistically significant relationship was found between age p 0,011, fisher test on the nutritional status of patients with type 2 diabetes. In conclusion, only age of patient is found significant to the nutritional status of type 2 diabetes mellitus patient.