

## Enjoy!: 101 little ways to add fun to your work every day

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### Abstrak

Every year, we all find ourselves working harder, longer, and at a faster pace. Very few of us are working a forty-hour week anymore and many of us find it impossible to find time to relax much less find ways to make our jobs more enjoyable. Finally here is an antidote for overstressed workers everywhere. As an expert in personal and professional development, Gini Graham Scott has helped people all over the world find more enjoyment in their work and personal lives. In "Enjoy!" she shares her secrets for finding and creating more fulfillment at the office.