

Basics of emotional intelligence (EI): organization development

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Abstrak

Research continues to show that strong emotional intelligence is critical for anyone hoping become a top-performer in their workplace. Emotional intelligence provides us with a better understanding of ourselves and those around us. This Infoline is designed for anyone looking to understand the basics of emotional intelligence with an eye toward improving their abilities. Readers will learn how emotional intelligence is related to work performance, how to assess their own emotional intelligence, and how to develop their emotional intelligence competencies.