

# **Analisis perilaku Cuci Tangan Perawat Pelaksana di Unit Perawatan Intensif RSUD Budhi Asih Jakarta Tahun 2011 = Analysis of Hand-washing Behavior Implementing Nurse In Hospital Intensive Care Unit Budhi Asih Jakarta Year 2011**

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## **Abstrak**

Skripsi ini membahas mengenai perilaku cuci tangan perawat pelaksana di Unit perawatan intensif RSUD Budhi asih tahun 2011. Tujuan dari penelitian ini adalah untuk memperoleh analisis gambaran perilaku cuci tangan perawat pelaksana. Apabila perilaku cuci tangan pada perawat sudah dilakukan secara optimal, hal ini dapat meminimalisir terjadinya infeksi nosokomial. Penelitian ini menggunakan pendekatan kualitatif untuk memperoleh analisis perilaku cuci tangan perawat pelaksana di Unit Perawatan Intensif. Data yang diperoleh berdasarkan hasil wawancara mendalam, observasi, telaah dokumen, serta referensi literature-literatur yang terkait dengan topik penelitian ini. Masalah yang di temukan di unit perawatan Intensif dari waktu ke waktu adalah perilaku cuci tangan perawat yang mencuci tangan belum sepenuhnya mengikuti prosedur yang ada.

Berdasarkan Hasil penelitian diperoleh bahwa perilaku cuci tangan perawat pelaksana di Unit perawatan Intensif masih belum optimal yang disebabkan oleh beberapa faktor yang saling terkait diantaranya adalah dari factor predisposisi (pengetahuan, sikap), faktor pemungkin (ketersediaan fasilitas), faktor penguat (Pendidikan dan pelatihan, SOP, Komunikasi). Dari hasil penelitian ini di peroleh bahwa perilaku cuci tangan perawat tergolong tidak baik maka di perlukan adanya peningkatan pengetahuan perawat melalui pendidikan dan pelatihan terkait cuci tangan, adanya SOP yang di sempurnakan dan sosialisasi terkait pentingnya cuci tangan serta dengan adanya pengawasan dari pihak internal rumah sakit sehingga diharapkan timbul kesadaran dan motivasi untuk melakukan cuci tangan yang benar sesuai prosedur.

.....This paper discusses the behavior of nursing hand -washing executor in the intensive care unit hospitals Budhi compassion in 2011. The purpose of this study was to obtain a picture analysis of hand-washing behavior of nurse executives. When hand-washing behavior in the nurse had done optimally, this can minimize the occurrence of nosocomial infections. This study used a qualitative approach to obtain the analysis of hand-washing behavior of nurse executive at the Intensive Care Unit. Data obtained on the basis of in-depth interviews, observation, document review, as well as literatureliterature references related to this research topic. The problems found in intensive care units from time to time hand washing is the behavior of nurses washed their hands have not fully follow the procedures. Based on the results obtained that the hand washing behavior of nurse executive in the Intensive care unit is still not optimal due to several interrelated factors which include the predisposing factors (knowledge, attitudes), enabling factors (availability of facilities), reinforcing factors (education and training, SOP, Communications).

From the results of this study was obtained that the behavior of nurses wash their hands properly then classified as not in need of increased knowledge and training of nurses through education related to hand washing, the SOP in the perfected and socialization-related importance of washing hands and with the

supervision of the hospital so that the internal party expected to arise awareness and motivation to perform the correct hand washing procedure.